

# News at Nemours

Dedicated to Community Physicians

## UPCOMING EVENTS

### Pediatric Grand Rounds

N/AIDHC, Wilmington, DE  
Wednesdays, 8:00 – 9:00 a.m.  
Third Floor, Lecture Hall

### CME Conferences

September 10-12, 2010  
Pediatric Update & Review  
N/AIDHC, Wilmington, DE

September 24, 2010  
Pediatric Trauma Care: Protecting Our Future  
N/AIDHC, Wilmington, DE

October 15, 2010  
Perspectives in Pediatrics  
Bryn Mawr Hospital Health Center,  
Newtown Square, PA

November 10, 2010  
Robert O.Y. Warren, MD Memorial Seminar  
N/AIDHC, Wilmington, DE

### Nursing Conferences

November 11-12, 2010  
Emergency Nursing Pediatric Course  
N/AIDHC, Wilmington, DE

For more information on these and other  
Nemours educational opportunities, please  
go to [www.PedsEducation.org](http://www.PedsEducation.org).

## Nemours Ranked Among Nation's Best in U.S. News & World Report Survey

The Nemours/Alfred I. duPont Hospital for Children has been ranked among the best in the nation in the 2010-11 edition of Best Children's Hospitals, published by U.S. News & World Report. Of the 170 pediatric hospitals contacted nationally for this survey, 96 provided information. The duPont Hospital's specialty rankings include:

- 6<sup>th</sup> Orthopedics
- 20<sup>th</sup> Gastroenterology
- 29<sup>th</sup> Urology

“These rankings highlight Nemours’ commitment to caring for each child as if they were our own and our commitment to be one of the nation’s top children’s health systems in terms of quality outcomes and patient satisfaction by 2015,” says Tom Ferry, CEO, of the Nemours/Alfred I. duPont Hospital for Children and Senior VP of Hospital Operations, Nemours.

“At Nemours, we are working to continuously improve the health of children everywhere. This recognition is just a sampling of the great work all Nemours Associates do across multiple specialties in the four states we are located in,” says Bernard J. Clark, II, MD, Chief Executive of the Physician Practice-Delaware Valley. “Our physicians and staff served approximately a quarter of a million children in 2009, and we thank those families for entrusting their children to our care.”

The 2010-11 Best Children's Hospitals rankings is available online at [www.usnews.com/childrenshospitals](http://www.usnews.com/childrenshospitals) as well as in the August print issue of U.S. News & World Report, on newsstands now.

## Nemours Sports Medicine Program

We all know kids can “play” with the intensity of adults, whether during a neighborhood pick-up game of basketball or in training for a school sport. But when these same kids get injured, they should not be treated as small adults. Children recovering from a sports-related injury need treatment tailored to their unique, growing bodies.

The Nemours/Alfred I. duPont Hospital for Children Sports Medicine Program features an on-site lab, surgical team, and imaging facility. With more than 70 years of orthopedic leadership, the Sport Medicine Team of experts is dedicated to helping kids get back to the hard work of serious training or the simple joys of weekend fun.

*cont'd on Page 2*





## Nemours Sports Medicine Program (continued)

The Nemours Sports Medicine Team includes:

- Sports medicine and orthopedic specialists
- Athletic trainers
- Physical therapists
- Orthopedic surgeons
- Occupational therapists
- Registered dietitians/nutritionists

Locations:

- Nemours/Alfred I. duPont Hospital for Children, Wilmington, DE
- Nemours Children's Clinic, Egg Harbor Township, NJ
- Nemours Children's Clinic, Voorhees, NJ
- Nemours Children's Clinic, Newtown Square, PA

For hours and to schedule an appointment, please call 1-800-416-4441. Visit [Nemours.org/dupontorthopedics](http://Nemours.org/dupontorthopedics)

## Preventing Heat Illness in Kids



Kathleen O'Brien, MD

Even before some kids head back to school, they'll be heading back to practice. With temperatures still soaring in August and September, kids training outside are at risk for heat illness, including heat cramps, heat exhaustion, and heat stroke. Heat stroke is the third leading cause of death in athletes. Know the warning signs:

- Muscle spasm or cramps may be one of the earliest indications of heat illness.
- Heat exhaustion is characterized by increased body temperature, but less than 104°F (40°C) with malaise, fatigue, dizziness, nausea, vomiting, headache, and weakness.
- Heat stroke is a medical emergency. Symptoms are similar to heat exhaustion but typically with body temperatures over 104°F (40°C). Other symptoms include rapid breathing and heartbeat, confusion, changes in mental status, seizures, and loss of consciousness.

Heat illness is entirely preventable. Specific recommendations regarding activity limits in extremes of temperature and humidity are available from the American College of Sports Medicine.



## Ophthalmology News

The Division of Ophthalmology at Nemours/Alfred I. duPont Hospital for Children offers comprehensive evaluation using the latest diagnostic techniques and equipment adapted just for children. For your pediatric patients—from newborns to teens—duPont Hospital now offers advanced diagnostic testing including **Visual Evoked Potential (VEP)** and **Electroretinogram (ERG)**. Results of these 30-60 minute exams are available to you within two weeks. To schedule your patient's VEP or ERG study, or to speak with a Nemours ophthalmologist, call 302-651-5040.

## KEYSTONE MERCY UPDATE

Nemours/Alfred I. duPont Hospital for Children and Keystone Mercy Health Plan have signed an agreement keeping Nemours as a participating provider in Keystone Mercy's network. Keystone Mercy members will be able to continue seeing Nemours providers and use the duPont Hospital. We are pleased an agreement was reached quickly and the care we provide to our patients and their families can continue without interruption.

## 2010 Community Physician Satisfaction Survey

If you are one of the nearly 1000 physicians to have been mailed the latest Community Physician Satisfaction Survey, please complete the survey by August 30. We value your input and appreciate you taking time to respond.

## Lancaster General Health

A team of five Nemours hospitalists staff Lancaster General Hospital's (LGH) 19-bed unit, 24 hours a day, seven days a week, while staying in close communication with the child's family physician or pediatrician. "We encourage community physicians who use the hospitalist service to let their



Marc Perlman, MD

families know about the program before a child is admitted," says Marc Perlman, MD, Chief Hospitalist from Nemours/Alfred I. duPont Hospital for Children. "That way, families know what to expect when they arrive at the hospital."

Nemours hospitalists perform a vital role admitting pediatric patients who come through the emergency department; facilitating the transfer of extremely ill patients to the Nemours/Alfred I. duPont Hospital for Children in Wilmington, Delaware; and assisting families who do not have a primary care physician to find one for ongoing care. LGH family practice residents are very much a part of the team caring for children on the pediatric unit.

"The Nemours partnership makes it possible for parents in our area to obtain the best pediatric care for their children and minimizes the disruption to family life that often happens when a child becomes seriously ill," said Kevin Lorah, MD, Medical Director for Children's Services at Lancaster General Health. "The hospitalists have the experience that comes with dedicating their careers to taking care of children in the hospital setting."

For more information about our partnership with Lancaster General Health, contact Eric Weis, Associate Administrator, 302-651-6630 or eweis@nemours.org or Suzanne Cerbus, Physician Liaison, 302-373-2348 or scerbus@nemours.org.

For more information about our partnership with Lancaster General Health, visit [Nemours.org/lancastergeneralhealth](http://Nemours.org/lancastergeneralhealth).

### Pediatric Hospitalist Service Lancaster General Hospital

555 N. Duke Street  
Lancaster, PA 17604  
Colin Bridgeman, MD  
Frank Briglia, MD  
Marc B. Perlman, MD, MS, Chief  
Alexandra Solosko, DO  
Sandi Verbin, MD, MS

For admission or consultation  
Page: 717-499-0144

Call unit for hospitalist on-duty  
717-544-5331

**Nemours Children's Clinic, Lancaster**  
2128 Embassy Drive, Suite A  
Lancaster, PA 17603

To make an appointment  
Call 800-416-4441

**Nemours Cardiac Center Consult Services**  
Call 302-651-4048

**Nemours/Alfred I. duPont Hospital for Children**  
1600 Rockland Road  
Wilmington, DE 19803

Admissions, 302-651-4199

Specialist on call, 302-651-4000

## Refer Patient to a Nemours Specialist with Ease

Appointment pad forms (50 sheets per pad) are now available for community physicians. Give a form to your patient to assist in the referral process to a Nemours specialist. The form includes diagnosis, specialist, directions, questions to ask during the visit, and more.

Forms available for all Nemours Children's Clinic locations:

- Egg Harbor Township
- Lancaster
- Newtown Square
- Philadelphia
- Voorhees
- Wilmington

Request Nemours appointment pads by calling 302-651-4026 or go to [Nemours.org/partner](http://Nemours.org/partner) and complete the request form.

**Nemours Children's Clinic, Newtown Square Patient Appointment Form**  
OFFICE HOURS: MONDAY-FRIDAY, 8:00 A.M. – 5:00 P.M.  
3855 West Chester Pike | Suite 280 | Newtown Square, PA 19073

Pediatric specialists listed below are available at Nemours Children's Clinic, Newtown Square at the Bryn Mawr Hospital Health Center. Appointment availability varies by specialist. All of Nemours/Alfred I. duPont Hospital for Children specialists are available in Wilmington, DE.

Patient: \_\_\_\_\_  
Reason for Referral: (Always add date) \_\_\_\_\_  
Referring Physician: \_\_\_\_\_ Physician's Phone Number: \_\_\_\_\_

**To schedule an appointment for your child with Nemours Children's Clinic, Newtown Square call (800) 416-4441**

Date:	Time:	Specialist Name:
<input type="checkbox"/> <b>Autism</b> <small>Appointments are available during all Outpatient clinic sessions. Referrals with appointments can be scheduled by calling 302-651-4048</small>	<input type="checkbox"/> <b>Cardiology</b> <input type="checkbox"/> Steven K. Barsham, MD <input type="checkbox"/> Alessandro A. Adgey, MD <input type="checkbox"/> John S. S. Brown, MD	<input type="checkbox"/> <b>Orthopedics</b> <input type="checkbox"/> William C. Mackenzie, MD <input type="checkbox"/> Sarah A. Jones, MD <input type="checkbox"/> Douglas A. Katz, MD
<input type="checkbox"/> <b>Endocrinology</b> <input type="checkbox"/> Paul C. Essman, MD <input type="checkbox"/> Bradley W. Robinson, MD <input type="checkbox"/> Frances K. Zappella, DO	<input type="checkbox"/> <b>Neurology/Neurophysiology</b> <input type="checkbox"/> Christopher M. Truitt, MD <input type="checkbox"/> Robin E. Miller, MD <input type="checkbox"/> Jonathan L. Powell, MD	<input type="checkbox"/> <b>Chiropractic (CHI)</b> <input type="checkbox"/> Patricia C. Smith, MD <input type="checkbox"/> Robert C. Chirba, MD <input type="checkbox"/> James S. Kelly, MD <input type="checkbox"/> Steven H. Shah, MD
<input type="checkbox"/> <b>Dermatology</b> <input type="checkbox"/> Roslyn T. Yark, MD	<input type="checkbox"/> <b>Neurology</b> <input type="checkbox"/> Catherine E. Bouda-Guyon, MD <input type="checkbox"/> Stephen J. Falcho, MD <input type="checkbox"/> Joseph S. Moore, MD	<input type="checkbox"/> <b>Plastic Surgery</b> <input type="checkbox"/> Rhonda L. Powell, MD
<input type="checkbox"/> <b>Endocrinology</b> <input type="checkbox"/> Judith L. Ross, MD <input type="checkbox"/> Martha Zager Baedley, MD	<input type="checkbox"/> <b>Neurology</b> <input type="checkbox"/> Jeffrey W. Campbell, MD	<input type="checkbox"/> <b>Podiatry</b> <input type="checkbox"/> Katherine King, MD
		<input type="checkbox"/> <b>Spina Medicine</b> <input type="checkbox"/> Kathleen S. D'Sikes, MD

Please arrive 15 minutes prior to your appointment to allow for registration. You are asked to bring any pertinent data such as medical records or X-ray films that may be helpful. Insurance information such as claim forms, insurance cards, co-pay, HMO referral forms, etc., must be presented at the time of registration.

**General Driving Directions to Nemours Children's Clinic, Newtown Square \***

**From Alfred I. duPont Hospital (Delaware)**  
1/50 to 416 North. Turn left to 2128 Embassy Square. Turn left onto Route 3 West. Turn right onto Medical Drive and left into the parking lot for Bryn Mawr Hospital Health Center.

**From Center City Philadelphia via I-476 (Blue Route)**  
Take I-476 South to Exit 104. Merge onto I-476 North via Exit 7 toward Plymouth Meeting. At 72nd, take Exit 5 (Bryn Mawr/Nebraska Square) Exit. Turn left onto West Chester Pike (3855). Turn right onto Medical Drive and left into the parking lot for Bryn Mawr Hospital Health Center.

**From King of Prussia**  
Take I-262 South to Exit 27a. Take the PA-202 South onto West Chester Pike. Turn right onto West Chester Pike (West) Exit. Turn right onto Medical Drive and left into the parking lot for Bryn Mawr Hospital Health Center.

**From West Chester**  
Take PA-202 West Chester Pike (S) 15.5 mi. Turn left onto Medical Drive and left into the parking lot for Bryn Mawr Hospital Health Center.

**From Bryn Mawr Hospital III**  
Take S. 2nd Street toward King. Turn Right on West Chester Pike (West) Crossway (R. 252) Westbound Street Road. At 2nd traffic light, turn right. Turn right onto Medical Drive and left into the parking lot for Bryn Mawr Hospital Health Center.

**Trouble finding us? Call (610) 557-4800**

For more information: Nemours/Alfred I. duPont Hospital for Children, main number: (302) 651-4000; Nemours/Alfred I. duPont Hospital for Children, admissions: (302) 651-4199; [Nemours.org/brynmawrhospital](http://Nemours.org/brynmawrhospital)

**Nemours Children's Clinic**

1600 Rockland Road  
P.O. Box 269  
Wilmington, DE 19803

**Nemours**  
Alfred I. duPont  
Hospital for Children



## How to Contact Your Physician Liaison

Nemours Physician Liaisons provide personalized service to community-based health care professionals by visiting practices, informing you of new services at the hospital, and helping to ease the referral process between Nemours and physicians' offices. Liaisons are available Monday – Friday from 8:00 a.m. to 5:00 p.m. To schedule an appointment, contact your Liaison directly:

- **Shawn Howell**  
Southern New Jersey  
609-977-0539  
showell@nemours.org
- **Suzanne Cerbus**  
Southeast Pennsylvania  
302-373-2348  
scerbus@nemours.org



## New Physician

**Sam Stubblefield, MD**  
Pediatric Hospitalist  
Bryn Mawr Hospital  
Contact: 484-337-4618