



What to Bring to the Hospital

Whenever your child has to stay in the hospital overnight you'll both want to be comfortable and entertained. At Nemours/Alfred I. duPont Hospital for Children we provide many items for your child's convenience (such as soap and toothpaste), but feel free to bring your own creature comforts and supplies if you'd like. Check out our Family Support and Services section for more information on the many amenities and services we offer.

YOUR CHILD MAY WANT TO BRING:

- blanket
- pillow
- stuffed animal
- clothing (including shoes, socks, slippers, a bathrobe, an outfit to go home in, and extra changes of pajamas, and underwear)
- personal grooming items/toiletries
- handheld electronic games
- books and magazines
- portable music player with headphones
- a few pictures of your family and friends
- a journal (if your child uses one)
- a few favorite small toys
- any needed medically related items (like contact lenses, glasses, retainer, head gear, crutches, etc.)
- schoolwork and pencils (if your child is well enough)

FOR YOU TO BRING:

- insurance card
- prescription drug card (if different from your regular insurance card)
- referrals from your child's doctor
- your photo ID
- list of medications your child is taking (or actual medicine bottles/containers so we can see the dosage amounts)
- medical information and appropriate records
- name of your primary care physician
- immigration information (if your child wasn't born in the United States)
- cash and change (for snacks/drinks in vending machines, food in the cafeteria, etc.)
- clothing (several changes, including pajamas and socks)
- glasses and an extra pair of contacts (if you wear them)
- personal grooming items (such as contact lens solutions, deodorant, etc.)
- personal medications (stored out of your child's reach)
- extra blanket for yourself
- cell phone (but check with the hospital staff before using it)
- laptop (all of our inpatient units have wireless Internet access)
- books and magazines
- your own portable music player with headphones
- pad and paper (to take notes, if you'd like, of what the doctors and nurses say)
- knitting or other hobbies (like crosswords, puzzles, etc.)
- home chores that can be done in the hospital (such as paying bills, creating schedules, writing notes/cards, etc.)
- check with the nursing staff about specific foods

Keep in mind that smoking is not allowed anywhere inside – or on the grounds of – A.I. duPont Hospital for Children. If your child is being treated by a Nemours doctor at one of our pediatric partner hospitals, ask about the smoking policy in and around that facility.

