

Rehabilitation Program 2025 Annual Report

Nemours Children's Hospital Delaware



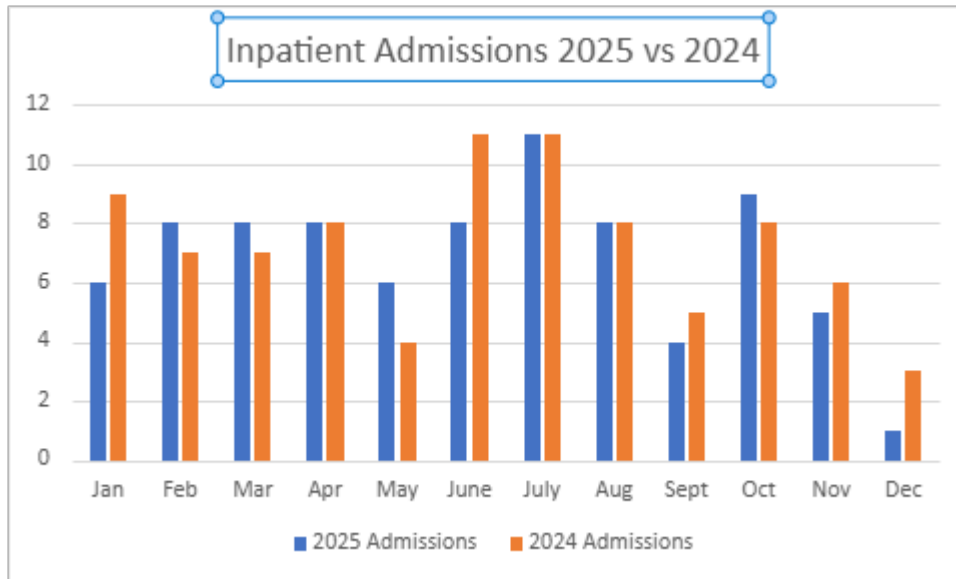
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Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP)

Volume:

The CIIRP admitted 82 patients in 2025, and 87 admissions in 2024.



Access:

A delay in admission is defined as a transfer not occurring when there is medical clearance and insurance approval in place. There were no delays in inpatients admissions in 2025.

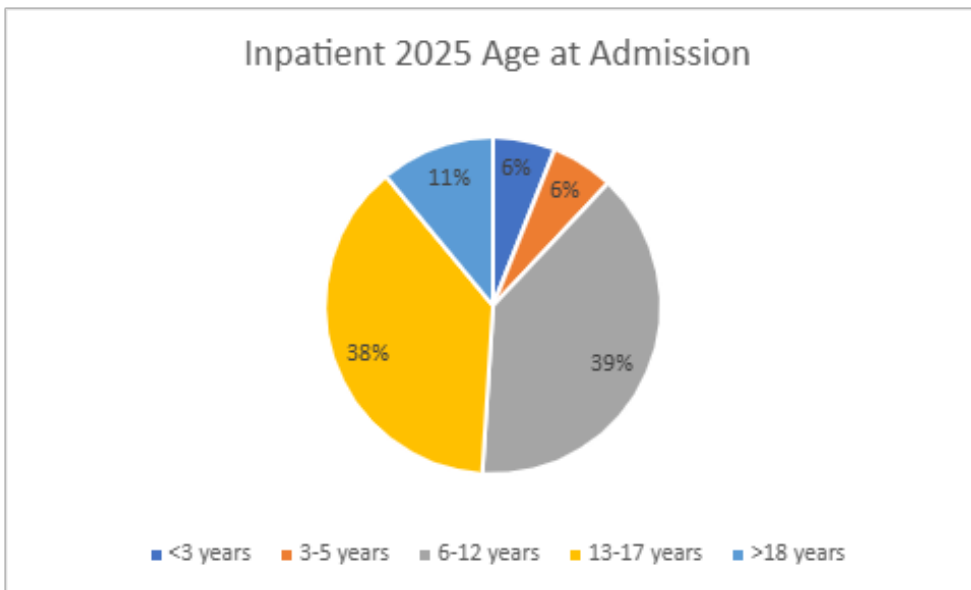
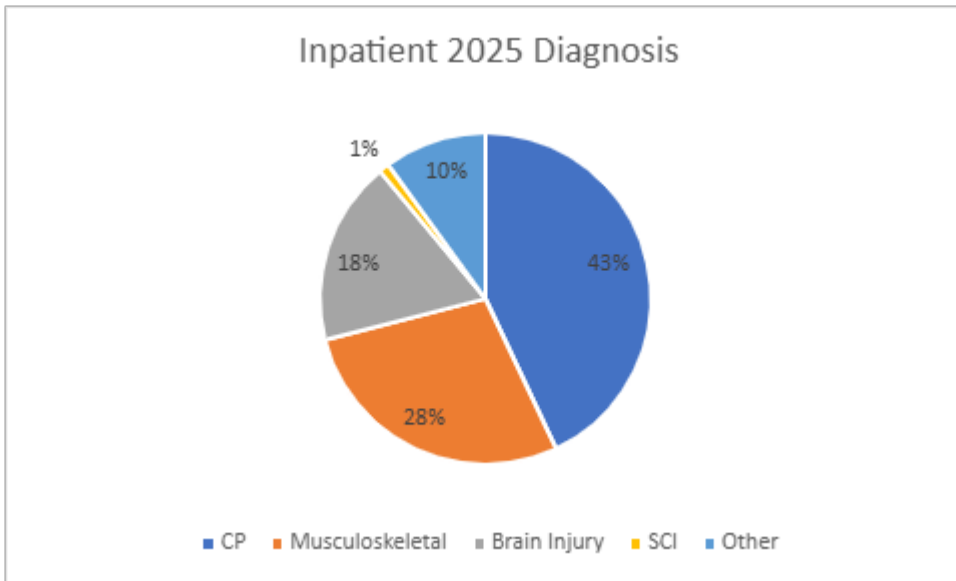
Efficiency/Effectiveness:

In 2025 there were 85 patients discharged from the CIIRP with an average length of stay of 24 days (range of 2 days to 87 days). Comparatively, the average length of stay for patients discharged in 2024 was 26.8 days.

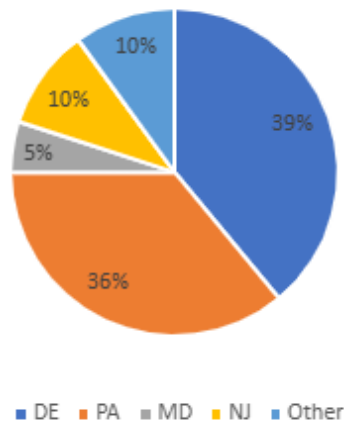
100% of patients were discharged home. 60% of patients transitioned into our Comprehensive Outpatient Rehabilitation Program.

There were no inpatient insurance denials for admitted patients. (2 patients were denied insurance to be admitted in the first place — both were >18 yrs old and so fell into the adult criteria for insurance.)

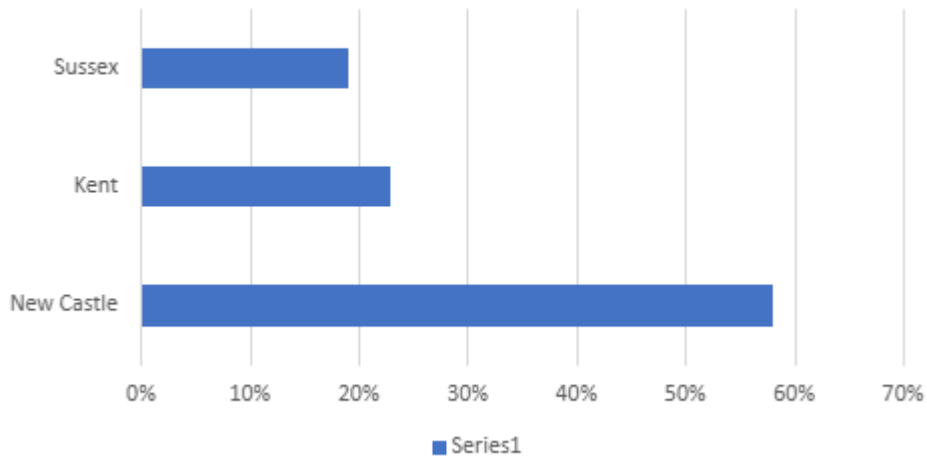
Demographics:



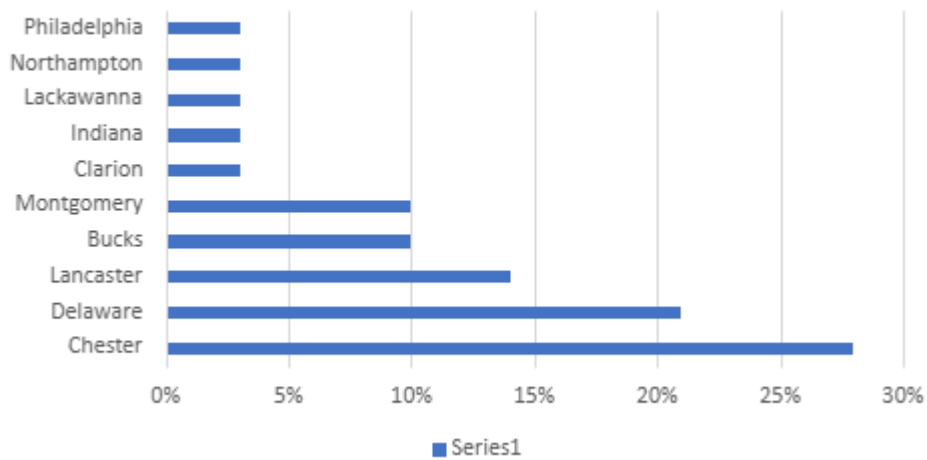
Inpatient 2025 State of Residence



Inpatient 2025 DE County of Residence



Inpatient 2025 PA County of Residence



Patient Experience Data

Feedback is gathered from our rehabilitation patients and families in several ways. Verbal feedback is gathered during daily rounds and during participation in therapies. Both children and their parents/guardian are asked to complete a survey just prior to inpatient discharge.

- 6 questions were used from the WeeFIM Family Feedback Survey, and an additional internal question is added regarding preparation for discharge.
- 69% of parent surveys were returned in 2025 (59 out of 85 discharges). This is the same return rate experienced in 2024.

1). *To what extent do the people who work with your child discuss with you everyone's expectations for your child so that all agree on what is best?*

Always or Frequently = 100% (59/59 responses)

2). *To what extent do the people who work with your child make sure you have opportunities to explain what you think are important goals for your child?*

Always or Frequently = 100% (59/59 responses)

3). *To what extent do the people who work with your child make you feel like a partner in your child's care?*

Always or Frequently = 100% (59/59 responses)

4). *To what extent does the rehab program provide support to help you cope with the impact of childhood disability by advocating on your behalf?*

Always or Frequently = 97% (56/58 responses)

5). *To what extent does the rehab program give you information about the types of services offered in your community?*

Always or Frequently = 87.5% Sometimes = 9.0% Never = 3.5% (2/56 responses)

6). *To what extent does the rehab program satisfy your needs for family-centered care?*

Always or Frequently = 100% (58/58 responses)

7). *How well did your rehab team help prepare you for the transition from inpatient rehab?*

Very Good or Good = 98.3% (58/59 responses)

Overall, 2025 survey results showed comparable results to 2024 survey responses. An opportunity was identified to provide additional community resources to families, and a community resource handout was created for families at the end of 2025 with the goal of making this available in early 2026 on the Nemours website.

Outcomes:

Brain Injury

24 patients were admitted to the inpatient program in 2025 with the diagnosis of brain injury.

- 21 patients had a traumatic injury with an average length of stay of 24.8 days.
Average WeeFIM change 34.2 versus similar facilities change 27.7.
- 5 patients had a non-traumatic injury with an average length of stay of 20.8 days
Average WeeFIM change 21.5 versus similar facilities 18.8.

Cerebral Palsy

34 patients were admitted to the inpatient program in the diagnosis group of Cerebral Palsy with an average length of stay of 26 days.

- Average WeeFIM change 16.2 versus similar facilities change of 16.7.

Musculoskeletal

19 patients were admitted to the inpatient program in the diagnosis group Musculoskeletal with an average length of stay of 19 days.

- Average WeeFIM change 13.5 versus similar facilities change of 18.6.

No patients died while in the rehabilitation program.

Analysis/Recommendations:

In 2025, the Comprehensive Integrated Inpatient Rehabilitation Program admitted 82 patients, which was comparable to admissions in 2024. There continues to be a strong referral base from orthopedics from Nemours Children's Hospital, Delaware. Diagnostic trends continue to show strong representation of cerebral palsy after surgery, orthopedic conditions, and brain injury.

The program continues to demonstrate strong patient outcomes and patient experience. Functional outcomes demonstrated meaningful patient progress, with an average WeeFIM Total Gain Score exceeding similar facility averages for Brain Injury and in alignment with similar facilities for Cerebral Palsy and Orthopedic conditions. Collectively, these indicators highlight a program delivering safe, efficient, patient-centered care to a medically diverse and high-acuity pediatric population.

Activities of daily living sessions have been found to increase the self-care scores for children in the CP and Orthopedic condition impairment groups. The program will work to continue incorporating these sessions into the plan of care for inpatients, when appropriate.

To improve efficiency, the program will investigate potential automated ways to obtain outcome data from the electronic medical record to help decrease manual data extraction.

Comprehensive Outpatient Rehabilitation Program (CORP)

Volume:

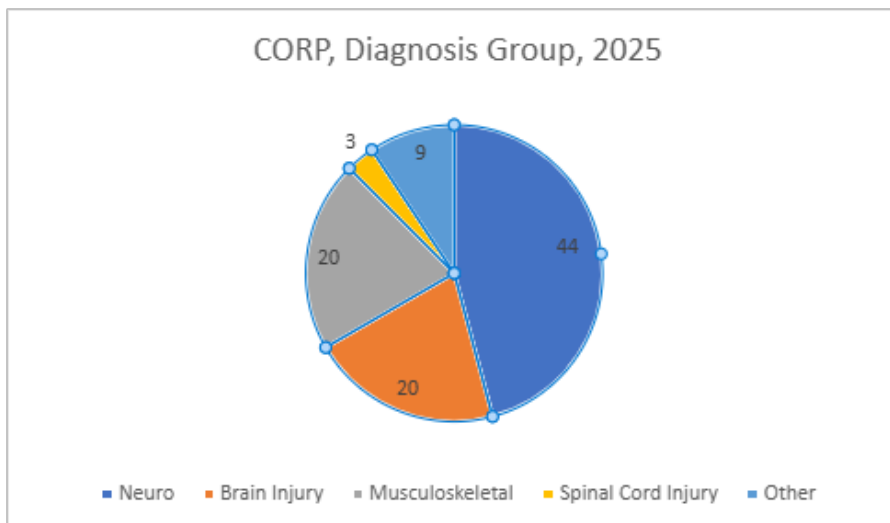
There were 96 patients admitted to the Comprehensive Outpatient Rehabilitation Program in 2025.

Efficiency/Effectiveness:

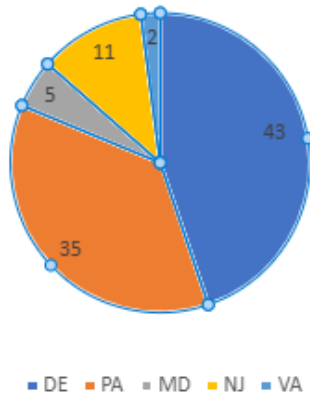
In 2025 there were 110 patients discharged from CORP with an average length of episode of care of 58 days (range of 5 days to 229 days).

There were no outpatient insurance denials for patients during their program.

Demographics:



CORP, State of Residence, 2025



Patient Experience Data:

CORP Family Feedback:

- The same 6 questions from the WeeFIM family feedback survey are used when a child is being discharged from CORP.
- 13%% of surveys were returned from CORP families (14 out of 110 discharges). This was a decrease of 8% return rate over 2024 (21%).

1). *To what extent do the people who work with your child discuss with you everyone's expectations for your child so that all agree on what is best?*

Always or Frequently = 93% Sometimes = 7%

2). *To what extent do the people who work with your child make sure you have opportunities to explain what you think are important goals for your child?*

Always or Frequently = 100%

3). *To what extent do the people who work with your child make you feel like a partner in your child's care?*

Always = 100%

4). *To what extent does the rehab program provide support to help you cope with the impact of childhood disability by advocating on your behalf?*

Always or Frequently = 93% Sometimes = 7%

5). *To what extent does the rehab program give you information about the types of services offered in your community?*

Always or Frequently = 79% Sometimes = 21%

6). *To what extent does the rehab program satisfy your needs for family-centered care?*

Always = 100%

7). *How well did your rehab team help prepare you for the transition from inpatient rehab?*

Very Good or Good = 100%

Outcomes:

The Canadian Occupational Performance Measure (COPM) was implemented as the primary outcome tool for all patients admitted to CORP in 2025.

The average change in performance was 3.5 and the average change in satisfaction was 3.7. Any score changes greater than 2.0 is considered statistically significant.

Most patients discharged to outpatient therapies closer to home at a lower frequency and/or school-based therapies.

No patients exited their program early in 2025.

Analysis/Recommendations:

Demographics continue to be similar to previous years with no significant changes.

The implementation of the COPM as an outcome measure was successful and based on the results, appears to be a sensitive measure for patients in the CORP program.

The program will continue to collect this outcome measure in 2026 and explore looking further into the percentage of patients who show improvement greater than 2.0 (for both performance and satisfaction).