

## **Speak Up to Prevent CAUTI**

Your child's health and safety are important to us. You can make a difference in your child's care by asking questions and being actively involved.

## What is CAUTI?

CAUTI is a Catheter Associated Urinary Tract Infection. This infection can occur when bacteria enter the urinary tract through the catheter.

## What are we doing to help prevent CAUTI?

Your child's care team will follow a careful procedure when inserting the catheter to help prevent infections. Their care team will check and clean the catheter site frequently, especially after bowel movements. When checking the site, they will check to ensure the flow is not restricted or blocked and that the bag is hung below your child's bladder. When the catheter is no longer needed, your child's care team will remove it. If your child is discharged with a catheter, their care team will provide detailed instructions and demonstrations on how to care for the site.

## What can you do to help prevent CAUTI?

- Wash your hands before and after touching the catheter or catheter site. Remind your child and their care providers to wash their hands often, especially before caring for the catheter.
- Let your child's care team know if you notice any redness, swelling, or pain at the catheter site.
- Make sure the catheter bag stays below your child's bladder, but not on the floor, to help the urine drain from your child's bladder into the bag. Make sure there are no loops or kinks in the tubing that would prevent drainage.
- Ensure the catheter site stays clean. Ask your child's care team how you can help with cleaning the site.
- Avoid tugging or pulling the catheter tubing so that it stays securely in place.
- Ask your child's care team for how long your child will need the catheter and when it may be removed.

Let your care team know if you have any questions or concerns about your child's catheter.

