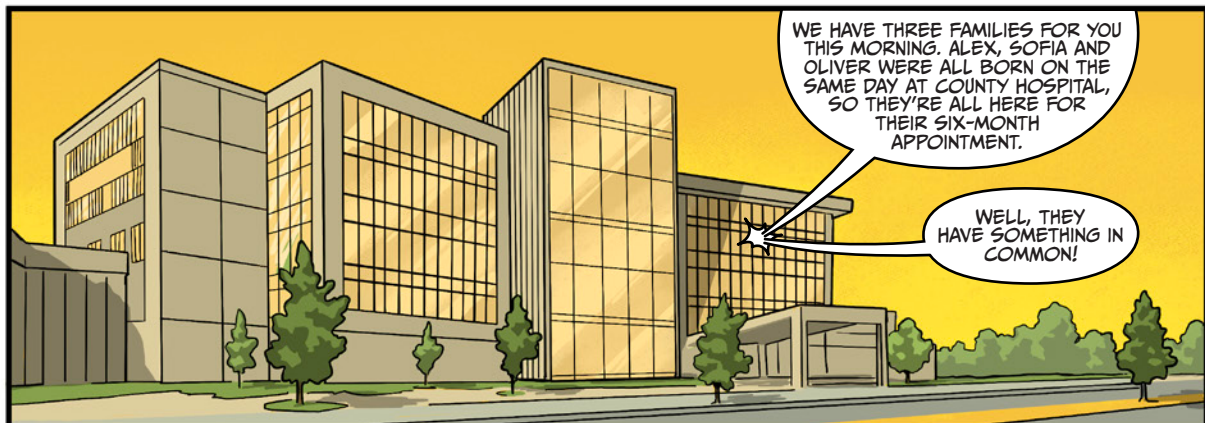


Advancing Population Health to Create the Healthiest Generations

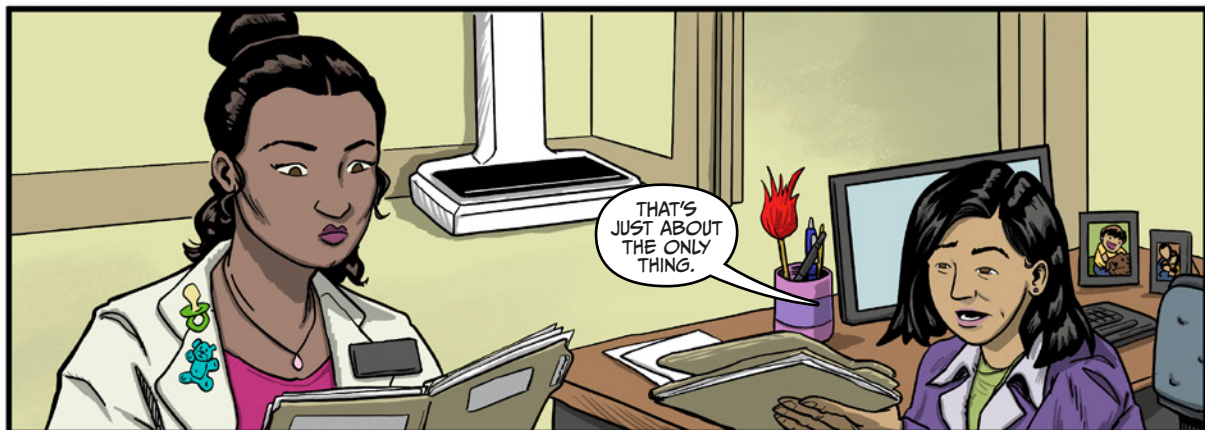
A Tale of Three Children



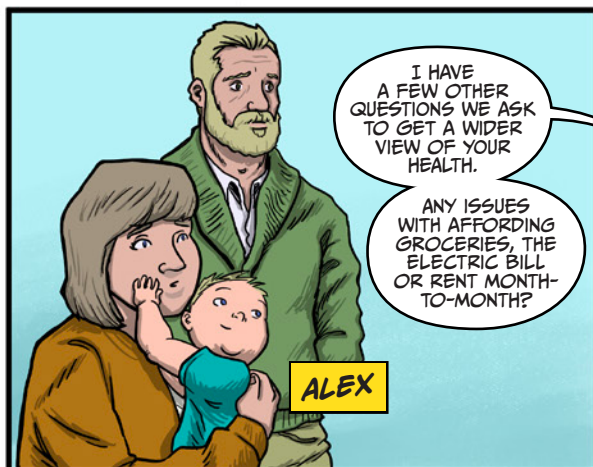


WE HAVE THREE FAMILIES FOR YOU THIS MORNING. ALEX, SOFIA AND OLIVER WERE ALL BORN ON THE SAME DAY AT COUNTY HOSPITAL, SO THEY'RE ALL HERE FOR THEIR SIX-MONTH APPOINTMENT.

WELL, THEY HAVE SOMETHING IN COMMON!



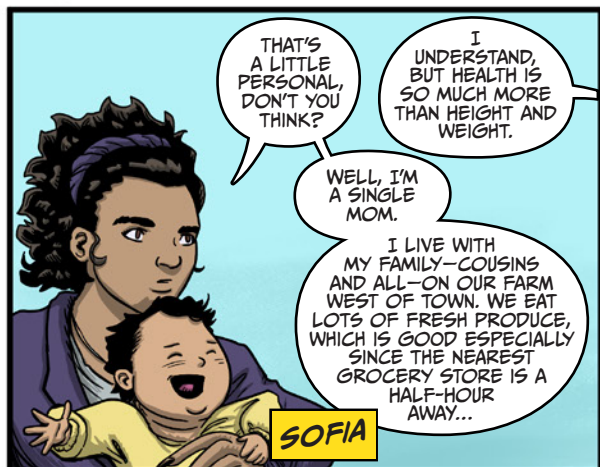
THAT'S JUST ABOUT THE ONLY THING.



I HAVE A FEW OTHER QUESTIONS WE ASK TO GET A WIDER VIEW OF YOUR HEALTH.

ANY ISSUES WITH AFFORDING GROCERIES, THE ELECTRIC BILL OR RENT MONTH-TO-MONTH?

ALEX



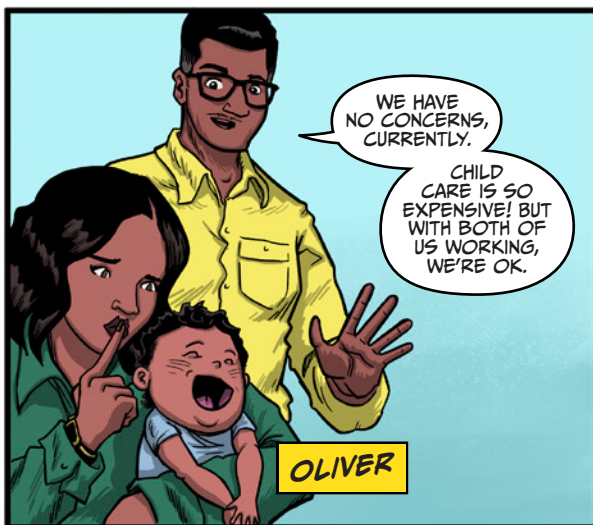
THAT'S A LITTLE PERSONAL, DON'T YOU THINK?

I UNDERSTAND, BUT HEALTH IS SO MUCH MORE THAN HEIGHT AND WEIGHT.

WELL, I'M A SINGLE MOM.

I LIVE WITH MY FAMILY—COUSINS AND ALL—ON OUR FARM WEST OF TOWN. WE EAT LOTS OF FRESH PRODUCE, WHICH IS GOOD ESPECIALLY SINCE THE NEAREST GROCERY STORE IS A HALF-HOUR AWAY...

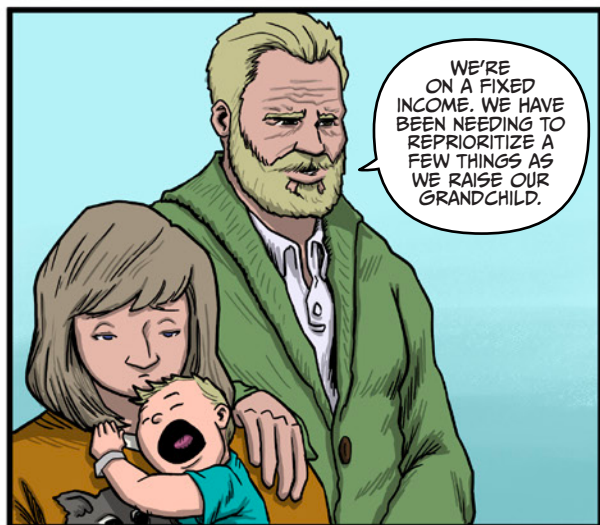
SOFIA



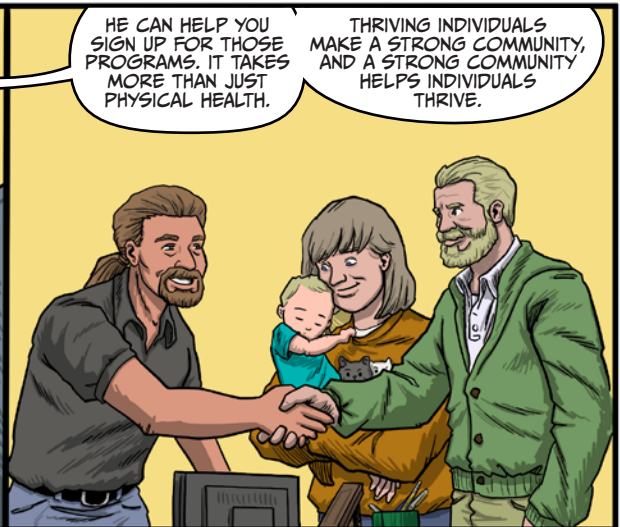
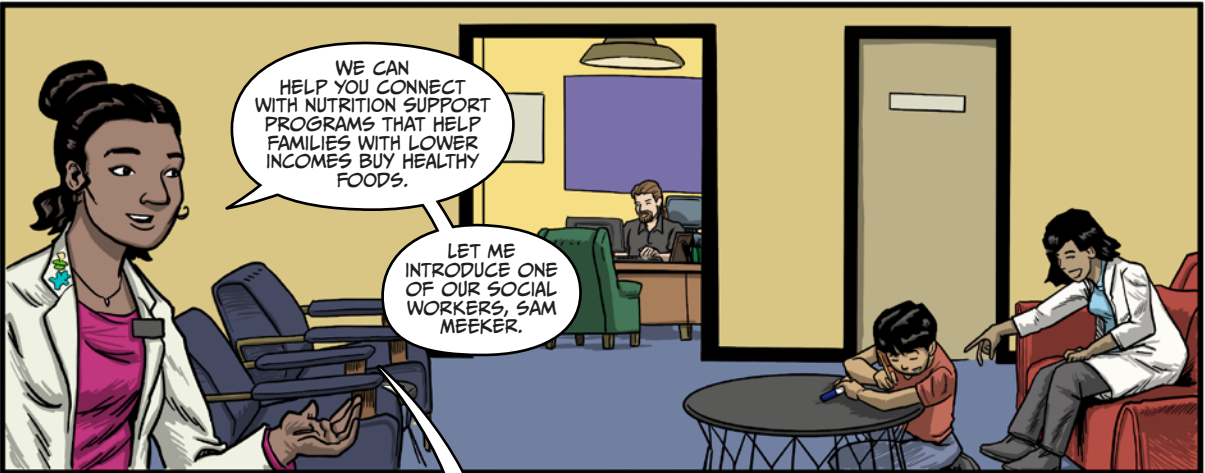
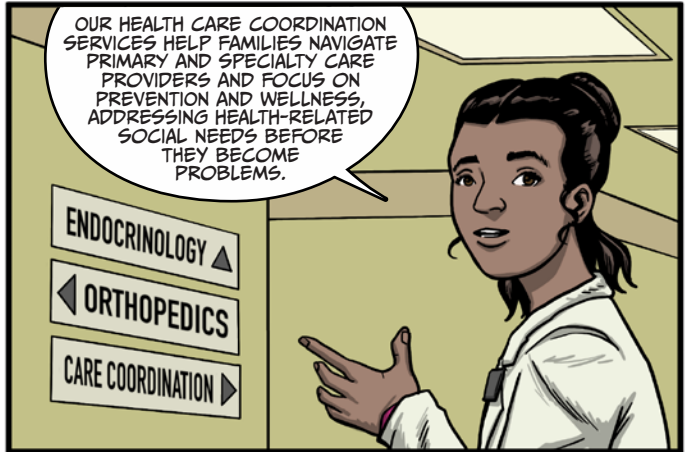
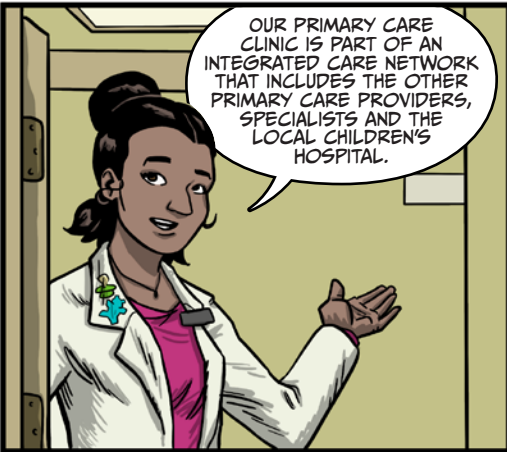
WE HAVE NO CONCERNS, CURRENTLY.

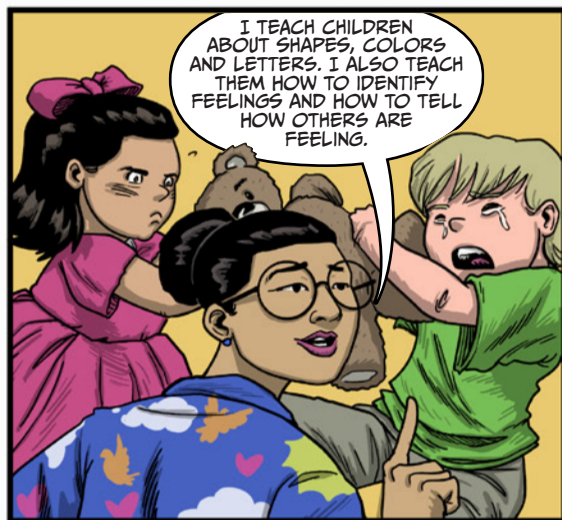
CHILD CARE IS SO EXPENSIVE! BUT WITH BOTH OF US WORKING, WE'RE OK.

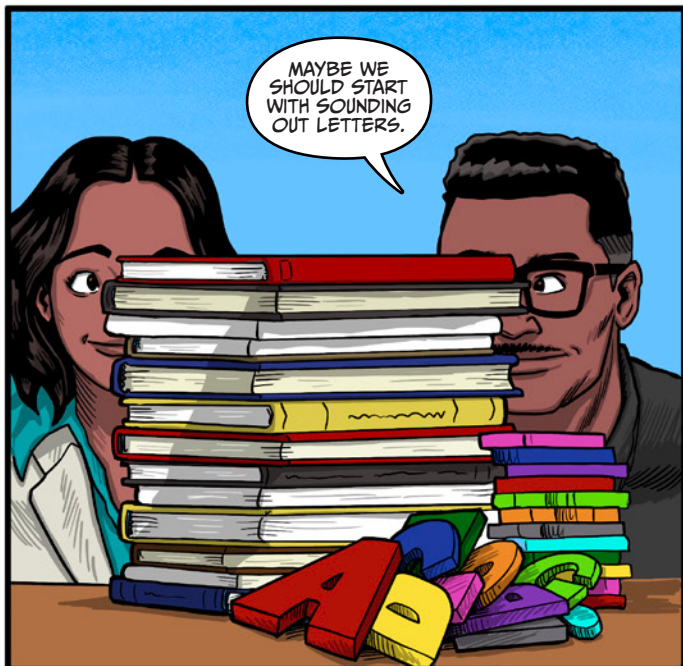
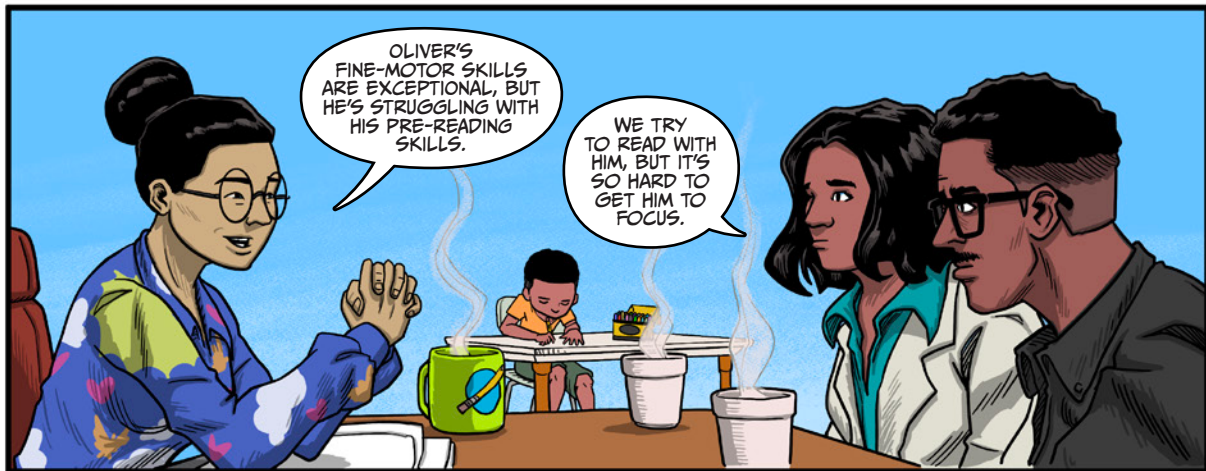
OLIVER

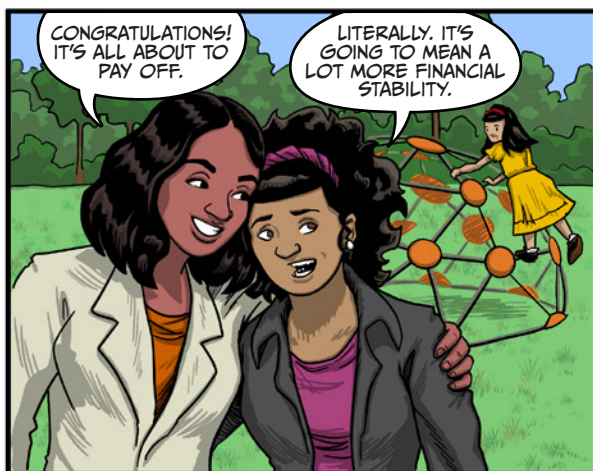
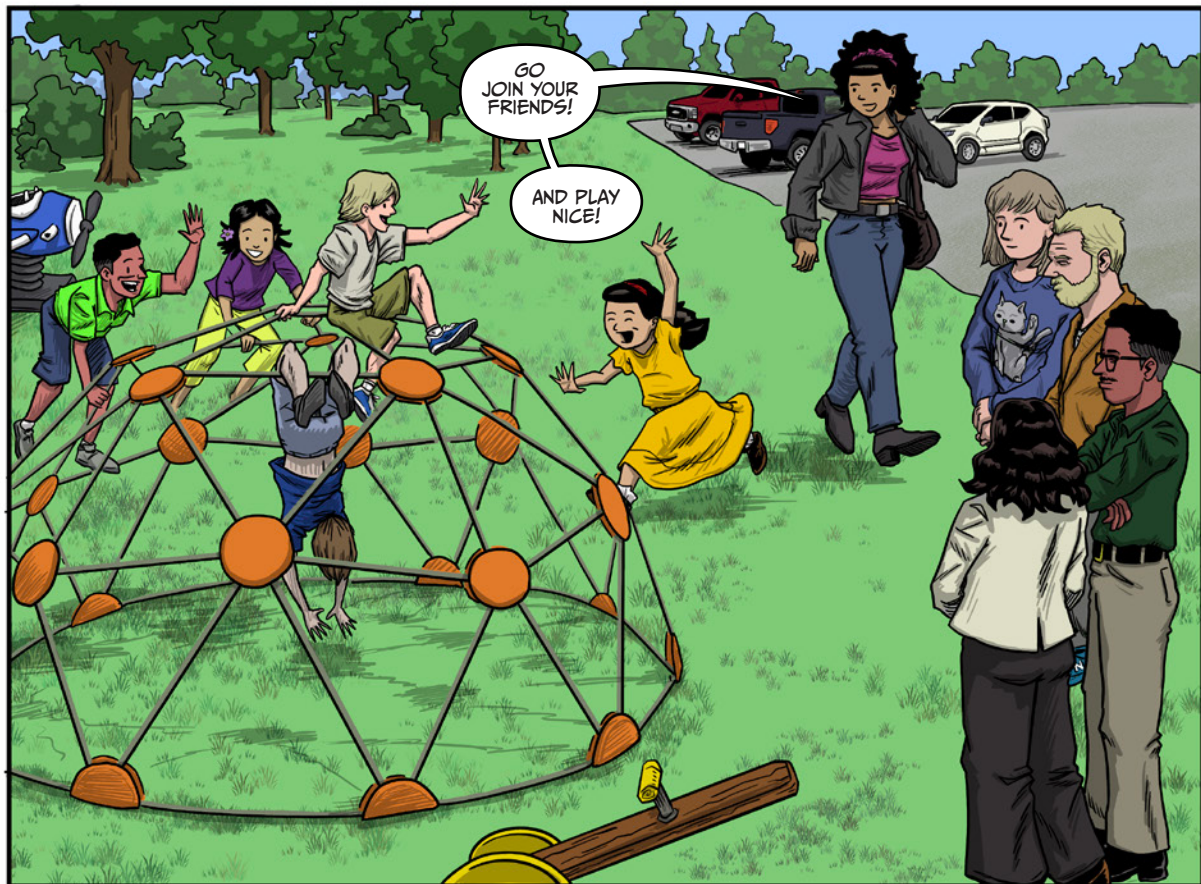


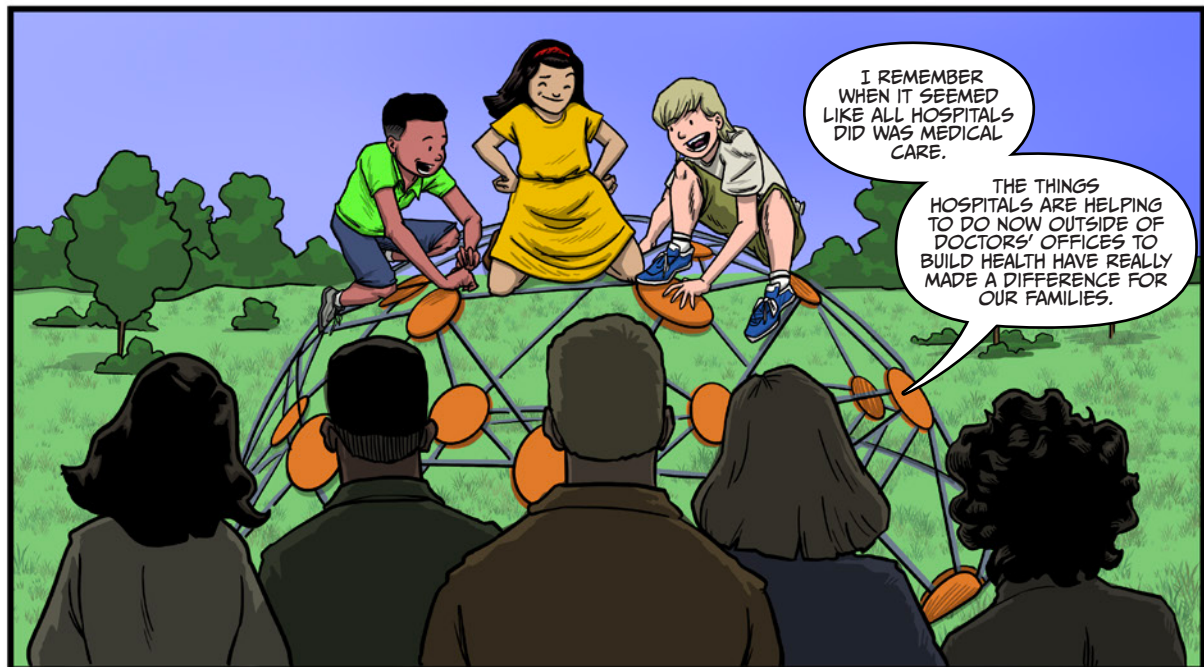
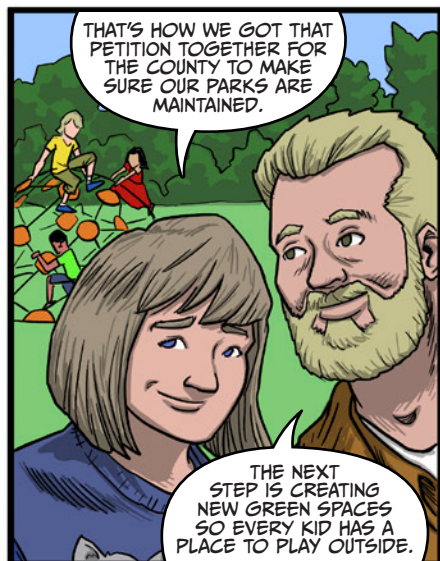
WE'RE ON A FIXED INCOME. WE HAVE BEEN NEEDING TO REPRIORITIZE A FEW THINGS AS WE RAISE OUR GRANDCHILD.

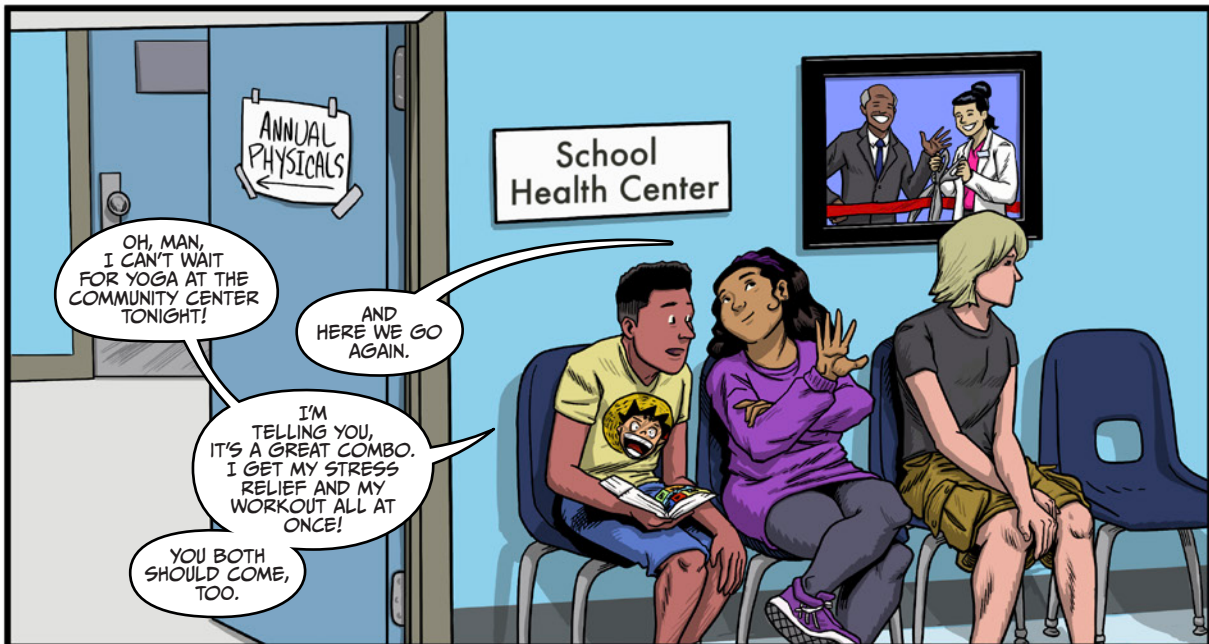












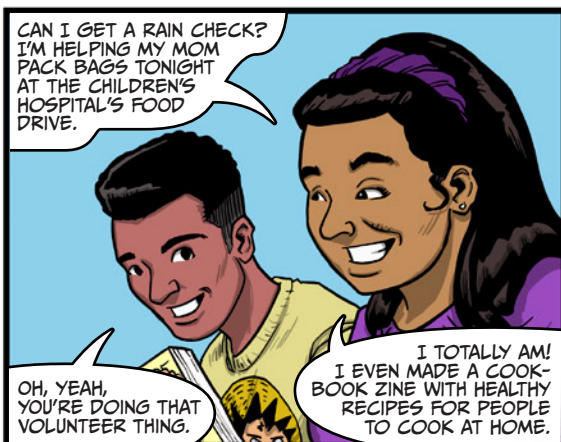
OH, MAN, I CAN'T WAIT FOR YOGA AT THE COMMUNITY CENTER TONIGHT!

AND HERE WE GO AGAIN.

I'M TELLING YOU, IT'S A GREAT COMBO. I GET MY STRESS RELIEF AND MY WORKOUT ALL AT ONCE!

YOU BOTH SHOULD COME, TOO.

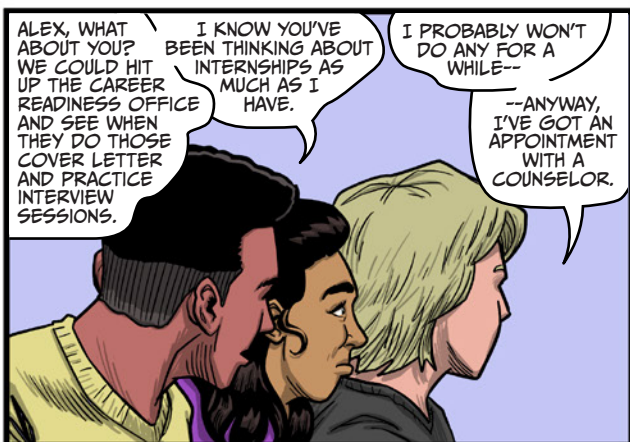
School Health Center



CAN I GET A RAIN CHECK? I'M HELPING MY MOM PACK BAGS TONIGHT AT THE CHILDREN'S HOSPITAL'S FOOD DRIVE.

OH, YEAH, YOU'RE DOING THAT VOLUNTEER THING.

I TOTALLY AM! I EVEN MADE A COOK-BOOK ZINE WITH HEALTHY RECIPES FOR PEOPLE TO COOK AT HOME.



ALEX, WHAT ABOUT YOU? WE COULD HIT UP THE CAREER READINESS OFFICE AND SEE WHEN THEY DO THOSE COVER LETTER AND PRACTICE INTERVIEW SESSIONS.

I KNOW YOU'VE BEEN THINKING ABOUT INTERNSHIPS AS MUCH AS I HAVE.

I PROBABLY WON'T DO ANY FOR A WHILE--

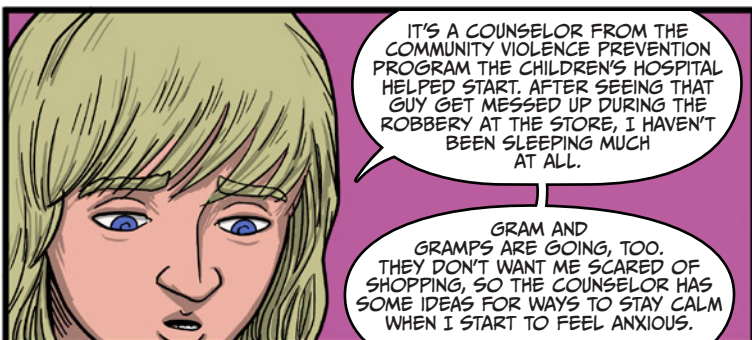
--ANYWAY, I'VE GOT AN APPOINTMENT WITH A COUNSELOR.



ABOUT THE ROBBERY?

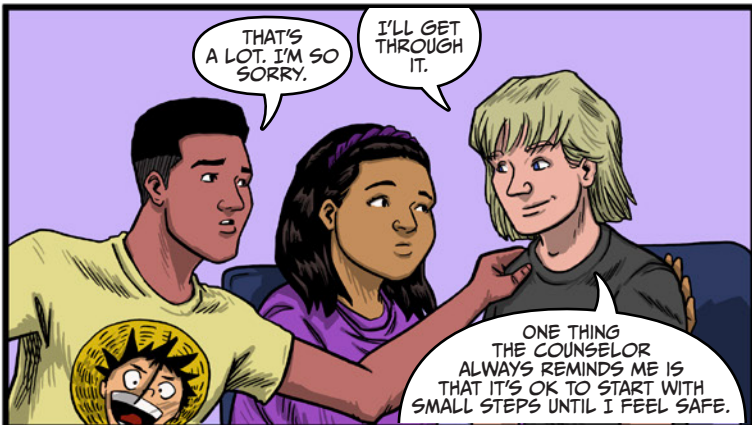
YOU DOING OKAY?

NOT YET, BUT I WILL BE.



IT'S A COUNSELOR FROM THE COMMUNITY VIOLENCE PREVENTION PROGRAM THE CHILDREN'S HOSPITAL HELPED START. AFTER SEEING THAT GUY GET MESSED UP DURING THE ROBBERY AT THE STORE, I HAVEN'T BEEN SLEEPING MUCH AT ALL.

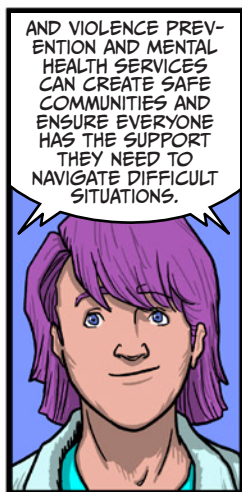
GRAM AND GRAMPS ARE GOING, TOO. THEY DON'T WANT ME SCARED OF SHOPPING, SO THE COUNSELOR HAS SOME IDEAS FOR WAYS TO STAY CALM WHEN I START TO FEEL ANXIOUS.



THAT'S A LOT. I'M SO SORRY.

I'LL GET THROUGH IT.

ONE THING THE COUNSELOR ALWAYS REMINDS ME IS THAT IT'S OK TO START WITH SMALL STEPS UNTIL I FEEL SAFE.





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Writer **Jeff Provine**
Artist **Jerry Bennett**

Creative Director **Charles J. Martin**
Director - Business Development **John Sloan**
Art Director **Mark Pate**



ENGAGE