

2nd Biennial Downstate Behavioral Health Virtual Conference



October 22, 2021
VIRTUAL CONFERENCE

Addressing the social determinants of health with a focus on wellness and justice after crises.



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Visit: [Nemours.org/DownstateConference](https://nemours.org/DownstateConference)

Contact: Downstatebhc@nemours.org

Introduction

Greetings Friends and Colleagues!

Welcome to the 2nd Biennial Downstate Behavioral Health Virtual Conference hosted by Delaware Department of Education, Capital School District and Nemours Children's Health. The theme is addressing the social determinants of health with a focus on wellness and justice after crises.

This year's conference will showcase concurrent stimulating symposia led by local leaders with diverse expertise involving children's health and wellness, racial and culturally informed education, immigrant and refugee support, community-oriented policing, and reducing barriers to care and resources. These discussions are tailored to local behavioral health and medical providers, educators, and community organizations. You will have the opportunity to network with representatives from a cross sector of child-serving organizations.



Vision: To create access and equity for improved population health, wellness and academic achievement among children, youth and families in Kent and Sussex counties

Mission: To dismantle barriers to access by addressing social determinants of health

The healthy and successful lives of our children largely depend upon strong behavioral health community partnerships downstate and throughout the greater Delaware community.

General Information

Continuing Education

Participants will be provided with a certificate of attendance for sessions fully attended. The certificate can be submitted to your professional organization along with the conference agenda to request continuing education credits.

Conference Platform

This year's virtual conference will be offered online using Zoom. You must be registered for the [Downstate Behavioral Health Virtual Conference](#) to receive the Zoom information.

Philanthropy Effort

Please select one or more organizations to support to in lieu of conference registration fees.

Food Bank of Delaware



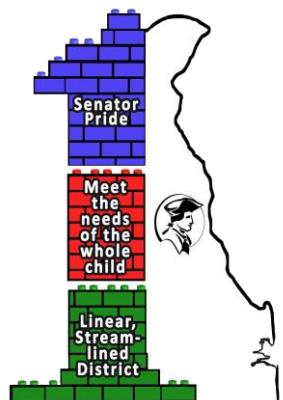
Please consider donating to the Food Bank of Delaware to reduce food insecurity in Delaware by clicking the QR code above. Food and fund donations ensure that the Food Bank of Delaware has the resources needed to meet the emergency food needs of Delawareans! In Delaware, 114,190 people are facing hunger - and of them 32,830 are children.

1 in 9 people face hunger.



1 in 6 children face hunger.

People facing hunger in Delaware are estimated to report needing **\$62,002,000** more per year to meet their food needs. The average cost of a meal in Delaware is \$3.18. Data from Feeding America's [Map the Meal Gap](#) study.



Purposity



- Purposity is an app designed to connect the individual needs of people near you with neighbors, like you. Capital School District post student needs which sends notifications to followers
- Followers check the App for posted needs and have the option of purchasing those needs
- Needs are delivered directly from Amazon, Walmart or Target to the student's doorstep
- You can use the QR code above to make a donation via Purposity to support the needs of Capital School District students and families

Nemours Cares Closet



The Nemours Cares Closet launched on April 23, 2021, born out of employees of Nemours Children's Health Heart of Jessup practice responding to the essential needs of the newest members of the practice. This effort was supported by Nemours' prior Community Engagement Director, Dr. Michelle Burroughs and championed by Lactation Specialist Shamiya Gould, of the Jessup practice. The Cares Closet project empowers associates to identify when basic needs such as formula, diapers, clothing, or a thermometer are not available to the caregiver. Since its inception the Cares Closet extended its reach to the Milford practice in August ensuring that infants residing in underserved areas throughout the state are provided support at critical times in their lives. Donations will be delivered directly from amazon and stocked within those practices when you use the amazon link or QR code above.

Acknowledgments

A sincere thank you to all of our conference speakers, panelists, and volunteers for making this conference a significant success. Our gratitude is also extended to the attendees for your participation and support. We also want to acknowledge the:

2nd Biennial Downstate Behavioral Health Conference Planning Committee

Delaware Department of Education

Teri Lawler, EdD, LPCMH
Education Associate
Trauma-Informed Practices and Social
and Emotional Learning
Office of Equity and Innovation

Capital School District – Dover, DE

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Supervisor of Instruction

Melissa Clendaniel, MS, NCC, LPCMH
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Chief Information Officer

Nemours Children's Health

Taylor Davis
Marketing Coordinator

Allen Garcia, PhD
Pediatric Psychologist

Danika Perry, PsyD
Pediatric Psychologist

Zach Radcliff, PhD
Pediatric Psychologist

Na-Tasha Williams, MPA-MHR
Population Health Specialist

Conference Volunteers

Department of Psychology Trainees:

- Fellows
- Residents
- Externs
- Social Work Interns

Conference Sponsors

Project Delaware
Project Thrive
Nemours Department of Psychology

Conference Program

Friday, October 22

8:10 AM

Optional Mindfulness Activity
Cristina Colon, Tula Yoga

8:25 AM

Conference Overview

8:30 AM

Joint Welcome

Speakers

- *Susan Bunting, EdD, Delaware Secretary of Education*
- *Vilicia Cade, EdD, Capital School District, CEO & Superintendent*
- *Meghan Lines, PhD, Clinical Director of Integrated Primary Care Psychology Nemours Children's Hospital, Delaware*

8:45 AM

Plenary: Restoring Wholeness, Healing, Justice and Wellness After Crisis

Speaker

- *Isaiah Pickens, PhD, Chief Executive Officer, iOpening Enterprises*

9:45 AM

Break: Move & Stretch

9:55 AM

Breakout Sessions: The State of Health Equity After 2020

Description

Reducing barriers to equitable healthcare and education for children and families downstate.

1. The Impact of COVID 19 on Children's Health: A 360° View

Speaker

- *Maria Petrini, MD, Pediatrician, Nemours Children's Health Delaware*

2. Actions Against Racism: Developing A Program to Address Racism in Our Community and Schools

Speaker

- *Kira Branch, PsyD, Pediatric Psychologist, Nemours Children's Health Delaware*

3. Caring for the Caregivers After 2020

Speaker

- *Kahyree Bey, Colonial School District
Co-Facilitator, Coalition of Schools Educating Mindfully Delaware Chapter*

10:55 AM

Break: Respond to Your Body's Needs

11:05 AM

Breakout Sessions: Healthy Environment After 2020

Description

Addressing social determinants of health in lower Delaware

1. The Impact of 2020 on Community Environmental Needs

Speaker

- *Bruce Wright, Community Development Program Manager, First State Community Action Agency*

2. The Impact of COVID-19 on Food Security

Speakers

- *Kimi Moore, RD, Registered Dietitian
Family & Consumer Science Extension Agent
University of Delaware Cooperative Extension*
- *Gina Crist MS, Family and Consumer Program Leader
Instructor, Department of Behavioral Health and Nutrition Community
Health Specialist*

3. Change Requires "And" not "Either/Or."

Speaker

- *Michelle Taylor, Chief Executive Officer, United Way of Delaware*

4. How Did We Get Here? Racism and Antiracism in Education

Speaker

- *Roger Harrison, PhD, Pediatric Psychologist
Nemours Children's Health Delaware*

12:05 PM

Break: Prepare your Lunch

12:15 PM

Community Builder's Roundtable

Description

A Listening Lunch Panel Discussion about community resources throughout the state of Delaware

Moderator:

- *M.J. Scales* Research Associate & Certified Prevention Specialist
University of Delaware Center for Drug and Health Studies

Panelists:

- **Wanda Burgos-Rincon** Youth Development Director
Latin American Community Center
- **Sharmane Drayton** Case Manager, Teen Warehouse
- **Peggy Geisler** Executive Director, Sussex County Health Coalition
Owner / Senior Strategic Consultant, PMG Consulting LLC
- **Cierra Hall-Hipkins & Erin Hutt**
Co-Executive Directors & Co-Founders, Network Connect
- **Regina J. Johnson, LPCMH**
Family Crisis Therapist Supervisor, Intensive Family Consultation
Division of Prevention and Behavioral Health Services
- **Leah Parrack** Senior Community Liaison, SUN Behavioral Health
- **Shana Powell** Specialized Clinical Services Program Manager
Delaware Guidance Services for Children & Youth, Inc.
- **Monica Shockley-Porter** Community Relations Director
Dover Behavioral Health System
- **Desmond Wynn** Community Liaison, Rockford Center

1:15 PM

Break: Pause for A Moment for Gratitude and Reflection

1:20 PM

Breakout Sessions: Safe Communities After 2020

Description

Ensuring the safety of our communities affected by multiple pandemics.

1. Supporting Children and Families from Abuse in the Home

Speaker

- *Niagia Williams, Training Specialist, Prevent Child Abuse Delaware*

2. Community Policing: Hero Help Addiction and Behavioral Health Assistance

Speaker

- *Sr. Lieutenant Allen Herring, Executive Officer,
Hero Help Addiction and Behavioral Health Unit, NCC Police Department*

3. Navigating Child Abuse Reporting Laws

Speaker

- *Rosalie Morales, MS, Chief Policy Advisor
Office of the Child Advocate for the State of Delaware*

4. Trauma-Informed, Compassionate Support for Immigrant Families

Speaker

- *Dalissy Washington, LCSW, Chief Executive Officer & Clinical Director*

5. Responding to Community Risk for Human Trafficking

Speaker

- *Sharon Stevens, Spiritual Director and Education Coordinator
Zoë Ministries, Inc.*

2:20 PM

Break: Grab a Healthy Snack

2:30 PM

Philanthropy Effort

2:45 PM

Conference Wrap Up & Acknowledgements

3:00 PM

Virtual Networking Event

Collaborative Welcome Address



Susan Bunting, EdD

Susan Bunting is the current nonpartisan Delaware secretary of education. She was nominated to the position by Governor John Carney (D) on December 30, 2016 and was confirmed by the Delaware State Senate on January 25, 2017.

Bunting began her career in education as a teacher in Maryland before joining Delaware's Indian River School District as a teacher in 1977. She later served as the district's supervisor of elementary instruction and director of instruction. Bunting became the district's superintendent in 2006, where she served until, she assumed the role of Delaware secretary of education in January 2017. She received her Bachelor of Arts degree in K-9 Education and Psychology from American University. Her Master of Education from Salisbury State University and her Doctor of Educational Leadership from University of Delaware.



Vilicia Cade, EdD

Dr. Vilicia Cade is the new Superintendent of Capital School District. Dr. Cade comes to Capital School District from Sandusky City Schools, Sandusky, Ohio where she currently serves as the Chief Academic Officer/Assistant Superintendent.

In the past, Dr. Cade served as a Senior Director of Teaching and Learning K-12 in the Christina School District, Wilmington, Delaware. Her educational experiences include serving as a High School Teacher, Curriculum Specialist, Assistant Principal of East New York High School of Transit Technology, K-8 Principal and Director of Program Development for the Brooklyn High Schools' Superintendent Office within the New York City Department of Education. Dr. Cade brings a wealth of knowledge from her tenure with Chicago Public Schools in which she served as a Director of High School Curriculum and Standards-based Instruction. She served her tenure as an Elementary School Principal in Broadview, Illinois, a western suburb of Chicagoland.

Dr. Cade has earned her Doctorate in Education in restructuring schools through interagency partnerships from New York University. She has been awarded three master's degrees: Master of Science in Administration and Supervision and Master of Science in Teaching Reading both from Long Island University and the third a Master of Arts in African American Studies from the State University of New York at Albany. She obtained her undergraduate degree from the State University of New York at New Paltz, a midsize teachers' college.



Meghan McAuliffe Lines, PhD

Meghan McAuliffe Lines, Ph.D. is a pediatric psychologist and Clinical Director for Integrated Primary Care Psychology at Nemours Children's Health. Residing in Delaware since 2002, Dr. Lines completed her Ph.D. in clinical psychology at the University of Delaware and her residency and fellowship in pediatric psychology at Nemours.

In her current role, she works with physicians and psychologists to expand the role of behavioral health in pediatric primary care for Nemours duPont Pediatrics clinics throughout Delaware and southeastern Pennsylvania. Dr. Lines is also involved in training, education, and has been an investigator on several federal grants aimed to expand behavioral health training and workforce development in primary care. She has authored and co-authored numerous publications, presented at national conferences and currently serves as an Associate Editor for the peer-reviewed journal *Clinical Practice in Pediatric Psychology*. She holds an appointment of Assistant Professor of

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Pediatrics at the Sidney Kimmel Medical College of Thomas Jefferson University and is a member of the Medical Executive Committee at Nemours Children's Hospital, Delaware.

Dr. Lines has served on multiple committees in the community, including a current member of the Delaware Board of Examiners of Psychologists, and a member of the Treatment and Access Committee of the Lt. Governor's Behavioral Health Consortium. She lives in Hockessin with her husband, Chris, and daughters, Gemma and Sophie.

About Our Plenary Speaker

Restoring Wholeness: Healing, Justice, and Wellness After Crisis



Isaiah Pickens, PhD

Dr. Isaiah Pickens is the founder and CEO of iOpening Enterprises, a professional development and media company that specializes in building the capacity of individuals and organizations to unlock their potential using psychological science, implementation best practices, and inspirational media. In this capacity, Dr. Pickens has developed the Bridge Trauma-Informed Culturally-Responsive (TICR) Program, a multi-day professional development program for educators that provides a practical toolkit for managing youth traumatic stress responses in the school setting.

Additionally, Dr. Pickens has developed a curriculum for justice professionals as well as organizations across sectors to promote workplace wellness through a diversity, equity, and inclusion (DEI) lens.

As a Robert Wood Johnson Foundation Culture of Health Leader and Fellow, Dr. Pickens works collaboratively with cross-sector scholars and practitioners to promote a culture of health in America. Dr. Pickens currently sits on the National Board for Communities In Schools (CIS) and has been awarded by the American Psychological Association Early Career Achievement Award and the Black Enterprise BE Modern Man award for his contributions to the field of psychology.

As former Assistant Director at the UCLA-Duke National Center for Child Traumatic Stress—the coordinating site of the National Child Traumatic Stress Network (NCTSN), and a former clinical assistant professor at NYU School of Medicine, Dr. Pickens has built a reputation as a national trauma expert and shares practical science-informed lessons about mental wellness with audiences around the world.

Dr. Pickens aims to continue working toward systemic change and unlocking people's potential by moving the world from happy to healthy through psychological science.

Breakout Session 1: The State of Health Equity After 2020



Maria Eugenia Petrini, MD

Dr. Maria Eugenia Petrini grew up in Buenos Aires, Argentina and got interested in medicine while caring for a cousin born with a heart condition. My parents supported my decision to attend medical school and become a physician. Today, I care for inpatients at Nemours Children's Hospital, Delaware. My husband, Francisco Vranic, is a primary care physician at St. Francis Hospital.

I have always enjoyed working with kids and helped care for many of my younger cousins. I knew all along that my career would involve caring for children. I started medical school before I turned 18, which is normal in the Argentine education system, and I have never had a second thought about it. I try to exemplify the values I learned when I was growing up: the importance of family and maintaining open, healthy relationships; honesty, faith, and making a difference in what you do. Even if it doesn't always feel like you're making a difference, the important thing is to try, every day. That's what gets me up in the morning.

Dr. Petrini received her medical degree at Medical and Dental School, Universidad del Salvador, Argentina in 1996. She completed her pediatric residency at Ricardo Gutierrez Children's Hospital, one of the most prestigious public pediatric hospitals in the heart of Buenos Aires. After practicing pediatrics for a year in Argentina, she moved to the United States and completed her pediatric residency at Thomas Jefferson University Hospital/Al duPont Hospital for Children. She is board certified in Pediatrics/General Pediatrics. She has over 20 years of experience in pediatrics, and she has been with Nemours Children's Health for 18 years. Her areas of interest are children with medical complexities, infectious diseases, preventative medicine, social and cultural disparities and barriers to accessing health care.



Kira S. Branch, PsyD

Dr. Kira S. Branch, PsyD is a licensed pediatric psychologist at Nemours Children's Health and assistant professor of pediatrics at Sidney Kimmel Medical College at Thomas Jefferson University. She received her undergraduate degree from the University of Pennsylvania and her doctorate degree in clinical psychology from La Salle University. She completed her doctoral internship at the May Institute and her postdoctoral fellowship at

Nemours/A.I. duPont Hospital for Children (now Nemours Children's Hospital, Delaware). Dr. Branch specializes in behavioral health services within gastroenterology, working with children and adolescents diagnosed with chronic medical conditions and those who experience somatic/physical symptoms related to anxiety, mood, and life stressors. She coordinates supervision seminar for trainees and supervises externs, residents, and fellows. Dr. Branch is an active member of the Nemours Diversity, anti-Racism, Inclusion, Value, and health Equity (D.R.I.V.E.) taskforce and the Division of Behavioral Health Diversity Committee, and is passionate about providing evidence-based, culturally relevant services to children and families of color.



Roger R. Harrison, PhD

Dr. Roger Harrison is a pediatric psychologist with Nemours Children's Hospital, Delaware, Diversity and Inclusion educator in the Office of Health Equity and Inclusion (OHEI) at Nemours, and Clinical Assistant Professor of Pediatrics at Sidney Kimmel College of Medicine at Thomas Jefferson University. He received his Ph.D. in clinical psychology from Brigham Young University and completed his clinical internship and post-doctoral fellowship at Nemours.

As a clinician educator, Dr. Harrison supervises and trains graduate students, pre-doctoral interns, and postdoctoral fellows. He provides psychological services to patients and consultation to pediatric primary care providers in the primary care clinics affiliated with Nemours in Wilmington. He is a co-founder and co-chair of the DREAM IPC Conference, a national biennial conference in Wilmington, Delaware that focuses on pediatric integrated primary care. Within the hospital outpatient setting, Dr. Harrison conducts psychological testing for youth with significant mood and/or thought disorders and directs the Parent Child Conduct Clinic, a parent and child group therapy program offered to families of children with behavioral and/or attention concerns.

Dr. Harrison currently serves as chair of the Delaware Psychological Association's diversity committee and has previously served as Delaware's diversity delegate to the American Psychological Association (APA). At Nemours Children's Hospital, he co-chairs the Division of Behavioral Health's diversity subcommittee and facilitates educational and experiential cultural diversity seminars for various professionals.

In the community, Dr. Harrison serves on the Social Determinants of Education Work Group of the Redding Consortium for Educational Equity, a task force created to guide policies and practices to achieve educational equity in Wilmington and Northern New Castle County, Delaware. In addition, he was recently appointed by Governor John Carney as a commissioner to the Delaware Health Care Commission.

Dr. Harrison is the honored recipient of many awards, including the 2021 Association of Psychology Postdoctoral and Internship (APPIC) Biennial Award for Excellence in Diversity Training, the 2021 DREAM IPC Conference Inaugural "Roger Harrison Inclusion, Diversity, and Excellence in Advocacy and Social Justice (IDEAS) Award, the 2020 Nemours Delaware Valley Educator of the Year Award, and the 2019 Society of Pediatric Psychology (SPP) Outstanding Contribution to Diversity Award, among others. Dr. Harrison is happily married to Ayanna and has three remarkable daughters, Anaya, Aliyah, and Amara.



Khayree Bey, MEd

Lao Tzu, an ancient Chinese philosopher and writer once said, “A journey of a thousand miles begins with a single step.” That quote describes the non-traditional career path of Khayree Bey, a Healthy Living Teacher at McCullough Middle School. Bey spent his early years in the US Marine Corps, where he served in Operation Desert Storm. During a year in Okinawa, Japan, Bey was first introduced to “Mindfulness, yoga, and meditation.” Today, he teaches those techniques to students, staff and the community, but first, Bey had to take that single step that changed the course of his life. His thousand-mile journey began when Bey’s wife of 27 years invited her husband to teach African, Kemetite, Moorish history to her students at an underserved school where she teaches in South Jersey. It was during one visit that a student approached Bey and said he didn’t know what he was talking about because he didn’t have a degree. That stinging remark, followed by encouragement from his loving wife, prompted him to attain a bachelor’s degree in Behavioral Science and a Master’s in Education. With mindfulness and meditation now being widely viewed as successful tools in the classroom, Bey’s years of training launched his teaching career into one that is revered and respected, all because he took a single step to become a teacher.

Khayree graduated from Pennsville Memorial High School, Pennsville NJ class of 1990. After being honorably discharged from the United States Marine Corps, as a E-4 with a NATO Top Secret Clearance, he attended Salem Community College and graduated 2009 with an Associate Degree in Liberal Arts. He then attended Wilmington University and in 2011 received his Bachelor’s in Behavioral Science and in 2014 his Master’s in Elementary Education K-6. He is also Highly qualified in Health and Physical Education K-12.

He started his teaching career as a substitute teacher for Kelly Staffing in 2009. In 2011, he accepted a long-term substitute position at George Read Middle School teaching 6th grade science and then later at McCullough Middle School where he instructed ISS and Social Studies. After earning his master’s degree, he was hired as a Health teacher at McCullough in 2014. In 2018 he was given the opportunity, by past superintendent Dr. Blakey and current superintendent Dr. Menzer, to create Mindfulness Based Stress Relief classes entitled, Healthy Living and Mind Body Fit Club. In 2020, Khayree was nominated Teacher of the Year!

He met his wife Allyson in Washington, DC while he was in the United States Marine Corps, and she was a McDonald’s All Star and a division 1 basketball player at The American University. They have been together for 28 years, married for 20 years, and they have two sons. Their oldest son Messlao (pronounced messiah), a graduate of William Penn High School class of 2018 attends Temple University in Philadelphia, PA and RaSahir runs Cross Country and Track at William Penn High School.

Breakout Session 2: Healthy Environments After 2020



Bruce Wright

Bruce Wright is the Director of Community Outreach with The First State Community Action Agency (FSCAA); a nonprofit organization that for more than 50 years has worked to serve the poor and disadvantaged in Sussex County and elsewhere in Delaware. Bruce has over 25 years of experience in outreach and capacity building in impacted communities. Each month Bruce and his staff holds a Strong Community Initiative (SCI) meeting which is focused on capacity building for communities in Kent County that have been designated as higher crime and lower income.



Kimi Moore, RD

Kimi Moore is a Registered Dietitian and Family & Consumer Science Extension Agent for University of Delaware Cooperative Extension. Most of her work is aimed at working on food security issues throughout the state while taking into consideration other social determinants such as education.



Michelle Taylor, MBA

As the chief steward of the United Way brand in Delaware and Salem County, N.J., Michelle Taylor focuses on building trust and promoting UWDE's engagement in a wide range of initiatives aimed at achieving UWDE's strategic objectives. She values a collaborative approach to solving community problems by resourcing, scaling, and leveraging strategies that drive impact and engagement. Importantly, Taylor is effective at generating resources and financial support for UWDE and its partners.

Michelle leads a staff of 40, and hundreds of volunteers, as United Way implements a statewide strategy to improve third-grade literacy, to ensure young people are prepared to enter college and/or the workforce, and to help thousands of struggling families achieve financial stability.

She assumed her role in January 2008, after serving four years as UWDE's executive vice president and chief operating officer. She joined UWDE in 2000 as director of finance & administration, later served as vice president of operations, and during a six-month leadership transition in 2003, was named UWDE's acting president. As president and chief executive officer, Taylor reports to the chair of the Board of chair of the Governor's High-Quality Early Childhood Programs and Professionals Committee. Also, in partnership with the Delaware Department of Education, Taylor spearheads implementation of the National Campaign for Grade-Level Reading through the Get Delaware Reading initiative and serves as co-chair on the Steering Committee along with Delaware Secretary of Education Susan Bunting.

Michelle is also working to improve racial equity and social justice in Delaware. She leads the Delaware Racial Equity and Social Justice Collaborative, which includes leaders from 200 grassroots organizations across the state, and she chairs the Community Policing and Engagement Subcommittee of Governor Carney's Law Enforcement Accountability Task Force, which is preparing recommendations for improving

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policing practices in Delaware. During COVID-19, she helped raise millions for food, shelter and other human needs, and she worked with other nonprofit leaders to ensure that agencies have the resources they need to support their own operations throughout the pandemic.

Within the United Way Worldwide system, Taylor has served on the National Professional Council and the United Way Worldwide Inclusion Council. She has received numerous honors for her work in the community, including the NAACP Leadership Award, the YMCA's Black Achiever Award, the YWCA Delaware's Racial Justice Award and has received the Nonprofit Communications Award from the International Association of Business Communicators.

Ms. Taylor earned a Bachelor of Science in Accounting from Morgan State University, a Master of Business Administration from Wilmington University, and is pursuing a Doctor of Education in Organizational Leadership at Wilmington University. Taylor and her husband, Vernon, live in Middletown and have three children, Vernon Jr., Cory, and Morgan

She is a board member of the Delaware Workforce Investment Board, the Delaware Community Foundation, the Wilmington University Administration of Human Service Advisory Committee and the Wilmington HOPE Commission and serves on numerous committees in the community. She has volunteered with Boys and Girls Clubs of Greater Newark and Appoquinimink, Girl Scouts of the Chesapeake Bay Council, Delta Outreach and Education Center, and served on the Board of Directors of the Trustees of Color.

Community Builder's Roundtable



M.J. Scales, MPH

M. J. Scales is currently a Researcher with the University of Delaware Center for Drug and Health Studies; with a special focus on projects that involve substance use prevention and mental health promotion. M. J. came to Delaware as a SAMHSA/CSAP Prevention Fellow in 2016. In 2018, she finished her Master's in Public Health and became a Certified Prevention Specialist. M. J. is an AmeriCorps alumna and current DrPH student at Georgia Southern University.



Peggy Geisler, MA

Peggy Geisler is the Owner and Senior Consultant of PMG Consulting LLC, working with not-for-profits and businesses on infrastructure, strategic planning and collective impact as well as community-based planning in both Maryland and Delaware. She is a licensed Consultant for the Standards for Excellence Institute for Maryland Association of Nonprofits and Delaware Alliance for Nonprofit Advancement (DANA). She has 25 years of experience in the not-for-profit field and has received numerous awards for her community-based work.

Peggy holds a BA in Clinical Psychology from University of Maryland and her MA in Clinical Psychology from Salisbury University. Peggy oversees the management of the Sussex County Health Coalition, a well-established nonprofit consisting of a 175-organization membership whose mission is to strategically improve the health and well-being of children, youth and families in Sussex County, Delaware.



Desmond Wynn, Jr.

Desmond Wynn Jr. is a Community Liaison and has been employed with the Rockford Center for over 25 years. He began his career at the Rockford Center in 1991 where he worked primarily with the Adolescent Day Program before transferring to the in-patient facility. Desmond has a passion for working with youth and possesses the ability to reach them by building relationships based on trust and effective listening. Desmond's current goal is to improve the process of how students transition from the center back to their respective schools. Improvement in this process, which will clearly define the expectations of the schools and the Rockford Center, is paramount to the overall success and well-being of students that have been in our care.



Monica Shockley-Porter

Monica Shockley-Porter is the Community Relations Director at Dover Behavioral Health System. A native of Harrisburg, PA, Monica Shockley-Porter moved to Kent County, Delaware in January 2019. Since her family relocated to Delaware, Monica has become actively involved with various non-profit and community-based organizations including the Metropolitan Wilmington Urban League Young Professionals and the National Coalition of 100 Black Women.

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With over 20 years of combined experience in both human services and business development, Monica has been responsible for marketing, outreach and management of several programs during the course of her career. Monica earned a BS in Criminal Justice from Savannah State University, Master's in Administration of Justice from the University of Louisville and Master's in Business Administration from Liberty University. She resides in Clayton with her husband and high school sweetheart, Justin (US Army retiree).



Leah Parrack

Leah Parrack is a Senior Community Liaison for SUN Behavioral Delaware since August 2018. Her passion is to be a light in the community to provide support to others during the most challenging moments in their life by offering compassion and inspiring hope to others with Anxiety and Depression. She finds it fulfilling to work in Behavioral Health because she can see first-hand the positive impact she has on another person. She can immediately provide someone with a resource that can make their lives better. Showing that Resilience and Recovery is possible.

Leah has 8 years of marketing experience and 20 years of experience in healthcare. Her background ranges from medical office to surgical technology, but in 2015 Leah had a tragic lifechanging event. She soon discovered that depression and anxiety is real. Leah decided that she wanted to help prevent anyone from feeling the way she did and did not want anyone to feel like they were alone. She can't help everyone but saving one life is lifesaving to a family and community and it allows the individual to realize that exists and they are deserving of support. After Starting with SUN in 2018 as one of the first employees, she quickly understood that addiction is a disease, and pledged to eliminate the stigma for individuals in my community. She is committed to learning more about the disease of addiction and to changing the conversation surrounding it. I support those facing these challenges and want to provide them with a shame-free environment to overcome them.

Leah believes you have to meet people where they are. She is devoted to join individuals that are struggling with mental health or substance use disorders in the darkest point of their journey, to show them they are not alone, and resilience and recovery are possible.



Shana Powell, NCC LPCMH

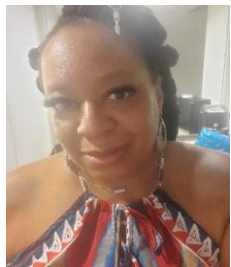
Shana Powell is a Nationally Certified Counselor and a Licensed Professional Counselor of Mental Health and has over 15 years of experience providing services to children and families. She is the Specialized Clinical Services Program Manager at Delaware Guidance Services for Children and Youth, Inc. Shana graduated Summa Cum Laude with a Bachelor of Science degree in Psychology from Kutztown University of Pennsylvania before moving to Delaware and graduating with Honors with a Master of Science Degree in Community Counseling from Wilmington University. Her experience with children and families includes residential, day treatment, crisis, inpatient, outpatient, and school-based treatment. Her career mission is to bridge the gap between mental health and education systems so that every child has the chance to learn and grow into healthy, productive members of society. Her own love of learning fuels her desire to help all children thrive in the school setting.

When she's not at work, you can find Shana buried in a good book or spending time with her husband and two children on the Chester River in Maryland.



Wanda Burgos-Rincon

Wanda Burgos-Rincon is the Youth Development Director at the Latin American Community Center.



Sharmane Drayton

Sharmane Drayton is a Case Manager at the Teen Warehouse. Sharmane is originally from NY residing in DE for 13 years. She has a BA in Psychology with a minor in Sociology. She has been working towards her MS in Mental Health and Wellness. Sharmane started her care in Casework in NY with Administration of Children's Service before relocating to DE. In DE she started working with Children's and Families First which worked hand in hand with the Division of Children, Youth, and Families Services. Subsequently, she transitioned to the Division of Child Support. She recently started her new role at the Teen Warehouse of Reach Riverside and builds upon her work with teens and as an HIV Coordinator and ILS Specialist while in NY. She dreams of working with children diagnosed with Autism when she grows up.



Erin Hutt

Erin Hutt, Co-Executive Director of Network Connect is a mother and Wilmington native, earned her master's degree in Public Administration from Strayer University and a Bachelor's of Science in Marketing from Delaware State University. With over a decade of experience in directing, coordinating, and implementing youth programming, Erin has served as Dean for Tyler's camp (a summer enrichment program for Wilmington's highest needs youth), Program Director for YWCA Homelife Shelter, and Youth Program Coordinator for United Way of Delaware.

Through her work history encompassing many other prominent Wilmington organizations—Hilltop Community Center, Wilmington Housing Authority, the Achievement Center, and Bethel Villa—Erin has a wealth of expertise in youth programming, employment training, case management, and community outreach. She single-handedly created new programming at many of these organizations as a response to unmet needs discovered through her highly proficient community engagement skills. Besides her strong work record, Erin also serves on the Board of Directors for a local non-profit and established 20 Under 20 and 40 Under 40 to recognize the achievements of outstanding young people in Delaware.



Cierra Hall-Hipkins

Cierra Hall-Hipkins, Co-Executive Director of Network Connect is a Wilmington native, wife, and mother, earned her bachelor's degree in Mental Health Counseling from University of Maryland Eastern Shore and focused her early career on mental health, working in several roles at Sheppard Pratt Psychiatric Hospital. Cierra has honed her expertise in managing youth and adult programs and spent 10 years in leadership positions at three different non-profit

organizations.

As Director of the Northeast Region for Humanim Inc. Cierra was so successful at expanding the organization's reach, she was sent to Delaware to start a new branch. After this, Cierra worked with Serviam Girls Academy in Wilmington, as Director of Student Affairs increasing admissions during her time there. Cierra has worked as Program Manager for an SEL non-profit and a Coordinator for an ACT team. Among many other professional experiences, she also serves a board Member for the Delaware Coalition Against Domestic Violence. She is dedicated to youth services and is a strong mental health advocate.



Regina J. Johnson, LPCMH

Regina J. Johnson is a Licensed Professional Counselor of Mental Health in Delaware and New Jersey. Regina's specialty is working with children, adolescents and families using a strengths-based approach. She has over 10 years of experience working with children and families who struggle with anxiety, depression, self-esteem, behavioral issues and/or ADHD.

As a foster parent, she also has an interest in treating adjustment issues such as foster care placement and adoption. Her goal is to empower families to create a strong, supportive loving environment for their youth.

Regina is trained in PCIT, a specialized therapy that helps to treat oppositional/defiant children ages 2-7. She is also trained in Triple P. Standard Triple P is delivered to parents of children up to 12 years of age and Teen Triple P is delivered to parents of teens ages 12 to 16. Regina also specializes in treatment of trauma and is a certified TF-CBT therapist.

Breakout Session 3: Safe Communities After 2020



Niagia Williams

BA in Psychology - University of Delaware
MA in Social Work - University of Maryland

Niagia Williams is a Training Specialist at Prevent Child Abuse Delaware (PCAD). She started working for (PCAD) in 1998 providing prevention education programs to students in their classrooms. Niagia is currently responsible for training the general public, foster parents and educators on child abuse, neglect and other related topics. She is also responsible for providing technical support to recipients of PCAD's Partnering with Parents grant for childcare providers. Niagia has worked for 10 years as a crisis clinician at Terry's Children Center helping children and their families when dealing with crisis situations.



Senior Lt. Allen Herring

Lt. Allen Herring was born in Lansdale, Pennsylvania and obtained a Bachelor of Science degree in Criminal Justice from Shippensburg University in 1998. Allen has been in law enforcement in Delaware for 22 years, starting his career with Wilmington Police Department from 1999-2004 at which time he became an officer with New Castle County Police Department. As an officer Allen has served as a Detective with the Drug Control Squad prior to being promoted to Sergeant. As a Sergeant, Allen worked as a supervisor in the Patrol Division, the Mobile Enforcement Team and then returned to the Drug Control Squad. Allen was promoted to Lieutenant in 2017 where he supervised a Patrol Squad prior to his current position as the Hero Help Behavioral Health Unit Executive Officer.

Allen proudly served in the Army Reserves as a member of the Military Police Corps for 13 years obtaining the rank of Staff Sergeant. Allen served overseas tours in Kosovo in 2002 and in Iraq in 2003. Off duty, Allen coaches girl's lacrosse for his daughter's teams and enjoys spending time with the family at the beach.



Rosalie Morales

Rosalie Morales currently serves as the Chief Policy Advisor at the Office of the Child Advocate (OCA) for the State of Delaware. Additionally, Ms. Morales is the Director of CPAC's Child Abuse and Neglect (CAN) Panel, which is responsible for reviewing and investigating child abuse and neglect death and near-death cases. In addition, she develops and provides training to the child protection system and is an authorized facilitator for Darkness to Light's Stewards of Children child sexual abuse prevention program. Ms. Morales also teaches in the Child Advocacy Studies (CAST) Certificate Program at Wilmington University. Before coming to OCA, Ms. Morales was employed at the Division of Family Services (DFS) for more than eight years as both a Family Crisis Therapist Supervisor and Investigation Caseworker. She was responsible for conducting child abuse investigations, and then later providing supervision to investigation caseworkers. Ms. Morales attended Washington College in Chestertown, MD, where she earned her Bachelor of Arts degree in Sociology. She then attended Wilmington University where she earned her Master of Science degree in Administration of Human Services.



Dalissy Washington, LCSW

Dalissy J. Washington is a Bilingual (English & Spanish) Licensed Clinical Social Worker, Educator, and Activist. She has worked in Delaware and Pennsylvania as a mental health therapist in integrated behavioral health medical settings. In 2018, Dalissy opened her private practice, Dalissy J. Washington, LLC, which specializes in psycholegal immigration evaluations, clinical supervision, and training. Dalissy is an adjunct Social Work Instructor at Eastern University's Esperanza College, the first and only Hispanic Serving Institute in Pennsylvania.

As an activist, Dalissy serves as a member of Network Delaware's Safe Communities Coalition, a group that works to promote policies that protect immigrant communities. Dalissy is trained in biopsychosocial models, strengths-based family systems, trauma-focused interventions, evidence-based treatment models and assessment and evaluation of mental illness across the lifespan. Dalissy holds a Bachelor of Arts in Psychology from Temple University and a Master of Social Work from West Chester University.

Dalissy resides in Delaware with her husband and three daughters and strives to promote cultural humility, compassion, and social justice amongst individuals, communities, and larger systems. In 2019, Dalissy earned the Social Worker of the Year Award by the National Association of Social Workers (NASW), Delaware Chapter for exemplifying the best of the profession's values and achievements.



Sharon Stevens

. Sharon Stevens currently serves as the Spiritual Director and Education Coordinator for Zoë Ministries, Inc., speaking to groups within churches and communities to bring sex trafficking awareness. She is trained in the Power Over Predators trafficking preventive curriculum, with a goal to present to every middle and high school throughout Delaware. Sharon, additionally, created the curriculum for Zoë's Equine Mentorship Program, which she coordinates for youth, 12-17 years of age.


She has dedicated much of her life to teaching and mentoring youth, evident in her previous positions as a Psychology teacher and Community Group Facilitator at Delmarva Christian High School and Youth Leader at Slaughter Neck UMC. Sharon has served as Community Lay Director on the board of the Chesapeake Walk to Emmaus, of which she has been an active member since 1995.

In 1992, she earned a bachelor's degree in education from Salisbury State University, followed by a bachelor's degree in theology in 2015 from Christian World College of Theology.

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