Hello!

I am a virus, cousins with the flu and the common cold.

My name is Coronavirus.

MANUELA MOLINA - @MINDHEART.KIDS
WWW.MINDHEART.CO
CC BY-NC-SA 4.0 INTERNATIONAL PUBLIC LICENSE
I love to travel...

and to jump from hand to hand to say Hi

HIGH FIVE
Have you heard about me?

Yes ☐ No ☐

And how do you feel when you hear my name?

- Relaxed
- Confused
- Worried
- Curious
- Nervous
- Sad
I can understand you feel...

...I would feel the same way
Sometimes adults get worried when they read the news or see me on TV.

THAT’S ME!
But I am going to explain myself...

So you can understand...
When I come to visit, I bring...

- Difficulty breathing
- Fever
- Cough
But I don’t stay with people for long, and almost everyone gets better

Just like when you get a scrape on your knee and it heals

BYE BYE...
Dont you worry!
The adults who take care of you: ____________________________ will keep you safe
And you can help...

1. By washing your hands with soap and water while singing a song

   You can sing your favorite song, the happy birthday song, or the alphabet song

2. By using hand sanitizer and letting it dry on your hands

   Without moving them count to 10
   1, 2, 3, 4, 5, 6, 7, 8, 9, 10

   Once your hands are dry you can get back to playing!!
If you do all that
I will not come to visit

while the doctors work to find a vaccine
that will allow me to say hi
without getting you sick.
THE END

Download this PDF here:

www.mindheart.co/descargables

Author:
Manuela Molina Cruz
Instagram: @mindheart.kids
manuela_825@hotmail.com

CC BY-NC-SA 4.0 International Public License