

2013 Orthopedic Department Research and Education Activity Report

The following details some of the past year's activity of the physicians associated with the sports medicine program, including research, publications, presentations and conference activity.

2013 Orthopaedic Department

Conference Activity Information

[American Academy of Orthopaedic Surgery. Chicago, IL. March 19-23, 2013](#)

Paper # 218 –

Waqas M. Hussain, MD, Davenport, Iowa

Deepak Reddy, MD, Chicago, Illinois

Alfred Atanda, MD, Philadelphia, Pennsylvania

Morgan H. Jones, MD, Cleveland Heights, Ohio

Mark S. Schickendantz, MD, Cleveland, Ohio

Michael A. Terry, MD, Chicago, Illinois

Title: The Anatomy of the Long Head of the Biceps Tendon and Implications on Tenodesis

Location:

Time: Wednesday, March 20, 2013 4:00-6:00 PM

Presenter:

Paper #: 507 –**Michael G. Ciccotti**, MD, Philadelphia, Pennsylvania

Alfred Atanda, MD, Philadelphia, Pennsylvania

Levon N. Nazarian, MD, Philadelphia, Pennsylvania

Steven B. Cohen, MD, Media, Pennsylvania

Laurens Holmes, PhD, DrPH, Wilmington, Delaware

Christopher Dodson, MD, Philadelphia, Pennsylvania

Title Using Dynamic Elbow Ultrasound to Characterize Ulnar Collateral Ligament Abnormalities in Baseball Pitchers

Location:

Time: Thursday, March 21, 2013,

Presenter:

Physician Educational and Presentation Activities

Dr. Atanda updated 18oct2013

Funding

1. Using Dynamic Elbow Ultrasound to Identify the Effect of Pitching on the Structural and Functional Anatomy of the Ulnar Collateral Ligament in Youth Baseball Pitchers. NIH / Nemours COBRE Grant - \$10,000 (2013-2014)
2. Participant, AOSSM Young Investigator Research Mentoring Program (2013-2015). Mentor: Mininder Kocher, MD, Boston Children's Hospital

Manuscripts

- 1) Atanda,A.,Jr.; O'Brien,D.F.; Kraeutler,M.J.; Rangavajjula,A.; Lazarus,M.D.; Ramsey,M.L.; Tucker,B.S.; Williams,G.R.,Jr.; Cohen,S.B.; Ciccotti,M.G.; Dodson,C.C. Outcomes after distal biceps repair in patients with workers' compensation claims. J Shoulder Elbow Surg 2013 Mar;22(3):299-304. PMID 23246274
- 2) Ciccotti M, **Atanda A**, Nazarian L, Cohen S, Holmes Jr., L, Dodson C. Dynamic Sonography of the Ulnar Collateral Ligament of the Elbow in Professional Baseball Pitchers. Accepted to American Journal of Sports Medicine for publication
- 3) Hammoud S, Sgromolo N, **Atanda A**. The Approach to Elbow Pain in the Pediatric and Adolescent Throwing Athlete. Accepted to the Physician and Sports Medicine for Publication

Podium presentations- abstract

1. Hussain W, Reddy D, **Atanda A**, Schickendantz M, Terry M, Jones, M. The Anatomy of the Long Head of the Biceps Tendon and Implications on Tenodesis. American Academy of Orthopedic Surgery 2013 Meeting, Chicago, Illinois. March 19-23
2. Ciccotti M, **Atanda A**, Nazarian L, Cohen S, Holmes L, Dodson C. Dynamic Sonography of the Ulnar Collateral Ligament of the Elbow in Professional Baseball Pitchers. American Academy of Orthopedic Surgery 2013 Meeting, Chicago, Illinois. March 19-23

Podium presentations-topic

None

Poster- paper

1. **Atanda A**, O'brien DF, Kraeutler MJ, Flato R, Dodson CC, Cohen SB, Ciccotti MG. Anterior Cruciate Ligament Reconstruction with Bone-Patellar Tenon-Bone Autograft versus Allograft in Young Patients. Arthroscopic Association of North America 2013 Meeting, San Antonio, Texas. April 25-27
2. O'brien DF, Kraeutler MJ, Kyonos L, Flato R, **Atanda A**, Ciccotti MG, Cohen SB. A Matched-Pair Comparison of Bone-Patellar Tendon-Bone Allograft versus Tibialis Anterior Allograft for Anterior Cruciate Ligament Reconstruction. Arthroscopic Association of North America 2013 Meeting, San Antonio, Texas April 25-27.

Significant Events

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1. Star on NBC Sports Network show “The Whistle” which features current sports issues for children and adolescents. October 2012-present.
2. Philly.com Health section – Sports Medicine Expert Blog, November 2012 – present.
3. Live Facebook Chat – Q & A about ACL injuries, elbow injuries, and overuse injury prevention in youth athletes.

Dr. Kathleen O’Brien updated 18oct2013

Community presentations:

1. January 28, 2013 “Head Games” Parent Coach Education Seminar, Middletown High School, Middletown, DE
2. February 2, 2013 “Head Games” Parent Coach Education Seminar, DelCastle High School, Newark, DE
3. March 9, 2013 “Head Injuries” 13th Annual Delaware School Nurse Association Winter Conference, Millsboro, DE
4. March 12, 2013 “Head Games” Parent Coach Education Seminar, Unionville High School, Kennett Square, PA
5. March 21, 2013 “Head Games”, Student Athletic Trainers Group University of Delaware, Newark, DE

Podium presentations- abstract

1. Validation and Reliability of a Single Leg Squat Test for Use with Adolescent Runners.
Cristine Agresta, Chris Church, Angelica Montes, John Henley, Tim Duer, Nancy Lennon, Richard, Kruse, Kathleen O’Brien, Freeman Miller. Gait and Clinical Movement Analysis Society (GCMAS) May 14-17, 2013 in Cincinnati, OH.
2. Validation and Reliability of a Single Leg Squat Test for Use with Adolescent Runners.
Cristine Agresta, Chris Church, Angelica Montes, John Henley, Tim Duer, Nancy Lennon, Richard, Kruse, Kathleen O’Brien, Freeman Miller. 60th Annual Meeting and 4th World Congress on Exercise is Medicine of the American College of Sports Medicine, Indianapolis, Indiana, May 28- June 1, 2013.

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Dr. Angela Smith updated 04Nov2013

Book Chapters

1. Smith AD; Lower-leg injuries, in Micheli LJ, Pigozzi F, Chan et al., Team Physician Manual, International Federation of Sports Medicine (FIMS) 3rd edition, Routledge, London and New York, 2013
2. Alenabi ST, Smith AD; Female athletes, in Micheli LJ, Pigozzi F, Chan et al., Team Physician Manual, International Federation of Sports Medicine (FIMS) 3rd edition, Routledge, London and New York, 2013
3. Burke SM, Smith AD, Loud KJ; Young athletes, in Micheli LJ, Pigozzi F, Chan et al., Team Physician Manual, International Federation of Sports Medicine (FIMS) 3rd edition, Routledge, London and New York, 2013

Committees: [ACSM Communication & Public Information Committee](#)

Podium presentations-topic

April 2013 “Healthy People”, The National Institutes of Health’s Division of Environmental Protection and the American College of Sports Medicine partnered with the Health in Buildings Roundtable (HiBR), Bethesda, MD

June 2013 “Pediatric Issues”, American College of Sports Medicine Annual Meeting, discussant for case presentation session, Indianapolis, IN

June 2013 “Facilitating Interactive Learning”, “Mentoring Memorable Speakers”, “Planning for Social Programs and Meals”, “FIMS Resources and Checklists”, FIMS Team Physician Instructor Course (Chair, also), Acute Injuries in Children, in Adolescents”, 11th International Congress of Sports Medicine & 9th Hellenic-Cypriot Congress of Sports Medicine, Santorini, Greece

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