Riding a tricycle/bicycle
Riding a tricycle/bicycle

Montar en triciclo/bicicleta

Anytime Activity
Stretching
Stretching

Estirarse

Anytime Activity
Water
Water

Agua

Anytime Food
Fresh fruit

Fruta fresca

Anytime Food
Salad
Salad

Ensalada

Anytime Food
Cake
Cake

Bizcocho

Sometimes Food
Whole-grain bread
Whole-grain bread

Pan integral

Anytime Food
Cereal with fresh fruit
Cereal with fresh fruit

Cereal con frutas frescas

Anytime Food
Taking a walk
Taking a walk

Dar un paseo

Anytime Activity
Playing video games

Jugar videojuegos

Sometimes Activity
Pizza
Pizza

Pizza

Sometimes Food
Ice cream
Ice cream

*Helado*

Sometimes Food
Flying a kite
Flying a kite

Volar una cometa

Anytime Activity
Blowing bubbles
Blowing bubbles

Soplar burbujas

Anytime Activity
Cheeseburger and fries
Cheeseburger and fries

Hamburguesa con queso y papas fritas

Sometimes Food
Watching cartoons
Watching cartoons

Ver dibujos animados

Sometimes Activity
Swimming

Nadar

Anytime Activity
Fried chicken
Fried chicken

Pollo frito

Sometimes Food
Fruit drinks & regular soda
Fruit drinks & regular soda

Bebidas de fruta y refrescos

Sometimes Food
Candy
Candy

*Caramelos*

Sometimes Food
Sugary breakfast cereal
Sugary breakfast cereal

Cereal azucarado para el desayuno

Sometimes Food
Staying up late
Staying up late

Quedarse despierto hasta tarde

Sometimes Activity
Sitting on the couch and eating chips
Sitting on the couch and eating chips

Sentado en el sofá y comiendo patatas fritas

Sometimes Activity
Hula hooping
Hulahooping

Jugando con hula hoop

Anytime Activity
Cookies, doughnuts and muffins
Cookies, doughnuts and muffins

Galletas, donas y panecillos

Sometimes Foods
Watching TV
Watching TV

Viendo la televisión

Sometimes Activity
Eating dinner together
Eating dinner together

*Cenar juntos*

Anytime Activity
Texting

Mensajes de texto

Sometimes Activity
Playing computer games
Playing computer games

Juegos de ordenador

Sometimes Activity
Running

Correr

Anytime Activity
Lowfat Milk
Lowfat Milk

Leche baja en grasa

Anytime Food
Playing phone games/apps
Playing phone games/apps

Jugar con apps en el teléfono

Sometimes Activity
Vegetables
Vegetables

Vegetales

Anytime Food
Gymnastics

Gimnasia

Anytime Activity
Reading

Lectura

Anytime Activity
Orange wedges
Orange wedges

Gajos de naranja

Anytime Food
Going on a family picnic

Picnic familiar

Anytime Activity
Playing soccer
Playing soccer

Jugar fútbol

Anytime Activity
Oatmeal with fresh fruit
Oatmeal with fresh fruit

Avena con fruta fresca

Anytime Food
Baked fish
Baked fish

Pescado al horno

Anytime Food
Fruits canned in syrup
Fruits canned in syrup

Conservas de frutas en almíbar

Sometimes Food