

Physically Active Field Trips

Winterthur Museum

Winterthur's museum, garden, and library collections form the basis for their school programs, which strive to engage students through a variety of interdisciplinary, hands-on activities. Role-playing, working with objects, and touring rooms in the museum provide experiences that are educational and fun.

- Winterthur's off-site programs are so much more than just an assembly! Their guides will bring the past to your classroom in their bags filled with objects to handle, clothes to try on, games to play, stories to share, and art to explore.
<http://www.winterthur.org/?p=650>
- Bring your students to Winterthur to learn about life long ago. Serve tea in the parlor, barter for goods in the country store, identify archaeological fragments, or help solve a mystery without leaving the museum!
<http://www.winterthur.org/?p=615>

Bombay Hook National Wildlife Refuge

Bombay Hook offers hands on nature studies for grades 1-12, allowing students to experience the several habitats on the refuge – from tidal salt marsh to freshwater impoundments, upland fields, and forests.

<http://www.fws.gov/northeast/bombayhook/ENVIRONMENTAL%20EDUCATION%20PROGRAMS.htm>

Hands-On House

At Hands-On House their philosophy of childhood learning is simple: it lasts longer if it's more fun, and it's more fun if it includes doing. Their exhibits, classes and programs are short on lectures, and long on interactive, participatory activities.

http://www.handsonhouse.org/classes_discovery_2.asp#Digging%20For%20Dinosaurs

The Delaware Rock Gym

The Delaware Rock Gym hosts many groups for parties and team-building activities. The gym has reliable, trained staff who will safely instruct, guide and belay your group through the climbs.

<http://www.derockgym.com/party.php>

Delaware Nature Society

Field trips are a great way to engage your students in hands-on investigations into the curriculum. Choose a program or ask them about custom-designed programs. Consider scheduling morning and afternoon programs with a picnic lunch to maximize use of the bus.

- PK-3 http://www.delawarenaturesociety.org/sp10_pk3.html
- Grades 4-5 http://www.delawarenaturesociety.org/sp10_45.html

Choose an Outreach Program and let the Delaware Nature Society come to you! DNS offers presentations and activities in your classroom and outside on your school grounds. Choose a program or ask them about custom-designed programs.

- Outreach Programs http://www.delawarenaturesociety.org/sp10_outreach.html

Delaware Children's Museum

The Delaware Children's Museum has everything you need to plan a fun and educational visit for your school, child care center, or community group. The Museum's seven interactive exhibits align with Delaware State Content Standards and encourage children to become effective learners through playful experiences. They have some great exhibits and activities related to healthy eating & physical activity:

<http://www.delawarechildrensmuseum.org/field-trips/>

Delaware State Parks

Delaware State Parks offer a variety of environmental, historical and cultural education programs specifically designed for students. Many of the school programs available at the Delaware State Parks follow the State of Delaware Science Curriculum framework, and are designed to enrich classroom studies.

<http://www.destateparks.com/programs/school/index.asp>