




Community Behavioral Health Resource Guide

Nemours Children's Health System





When your child has a behavioral health issue or emergency, you are your child’s strongest advocate — you know your child best. But it can be hard to figure out where to start looking for help. That’s why we created this guide for parents like you, as well as for health care professionals. Although this guide isn’t a complete list of all resources in the area*, it can serve as a quick reference if you’re looking for crisis and outpatient behavioral health therapy providers for kids and teens in Delaware and southeast Pennsylvania.

The agencies in this guide have providers trained in a collection of treatment and prevention methods, called “evidence-based practices.” That means the therapy they use is based on evidence gathered from scientific studies, evaluations, and approaches shown, over time, to work best.

As you start your journey to get help for your family, know that you don’t have to go through this alone. We all need support during challenging times.

**This list provides community resources that may be available to you. The agencies are not affiliated with or endorsed by Nemours.*

CRISIS RESOURCES

If your child is experiencing a behavioral health emergency, please contact the following crisis services in your area or call 911.

Delaware Statewide Crisis Hotline

1 (800) 969-4357

Maryland Statewide Crisis Hotline

1 (800) 422-0009

New Jersey Crisis Hotline PerformCare

1 (877) 652-7624

Pennsylvania Crisis by County

- **Berks County:** 1 (877) 236-4600
- **Bucks County:** 1 (800) 499-7455
- **Chester County:** 1 (877) 918-2100
- **Delaware County:** 1 (855) 889-7827
- **Montgomery County:** 1 (610) 279-6100
- **Philadelphia County**
 - » **Philadelphia Mobile Crisis:** 1 (215) 685-6440
 - » **Philadelphia Children’s Crisis Response Center:** 1 (215) 878-2600

National Suicide Prevention Lifeline

1 (800) 273-8255

Outpatient Services

DELAWARE

Kent County

Delaware Guidance Services

103 Mont Blanc Boulevard
Dover, DE 19904
Phone (302) 678-3020
Fax (302) 678-2458
Delawareguidance.org

Mental Edge Counseling

1058 S. Governors Avenue
Suite 102
Dover, DE 19904
Phone (302) 382-8698
Fax (302) 269-3800
Mentaledgocounseling.com

People's Place

32 S. Main Street
Smyrna, DE 19977
Phone (302) 653-2341
Fax (302) 422-0701
Peoplesplace2.com/programs-services/counseling-centers

People's Place

1131 Airport Road
Milford, DE 19963
Phone (302) 422-8026
Fax (302) 422-0701
Peoplesplace2.com/programs-services/counseling-centers

New Castle County

Aquila of Delaware Aquila Wilmington

1812 Newport Gap Pike
Wilmington, DE 19808
Phone (302) 999-1106
Aquilaofde.com

A Window to Wellness

700 Barksdale Road
Suite 6
Newark, DE 19711
Phone (302) 294-6950
Fax (302) 533-5246
Awindowtowellness.com

Delaware Guidance Services

1213 Delaware Avenue
Wilmington, DE 19806
Phone (302) 652-3948
Fax (302) 652-8297
Delawareguidance.org

Delaware Guidance Services

261 Chapman Road
Suite 102
Newark, DE 19702
Phone (302) 455-9333
Fax (302) 455-9544
Delawareguidance.org

Ebright Collaborative Group

607 W. 18th Street
Wilmington, DE 19802
Phone (302) 888-2233
Fax (302) 888-2235
Ebrightcollaborative.com

Family Counseling Center of St. Paul's

600 S. Harrison Street
Wilmington, DE 19805
Phone (302) 576-4136
Fax (302) 502-0456
Stpaulscounseling.org

Jewish Family Services

99 Passmore Road
Wilmington, DE 19803
Phone (302) 478-9411
Jfsdelaware.org/counseling

Jewish Family Services

288 E. Main Street
Newark, DE 19711
Phone (302) 478-9411
Jfsdelaware.org/counseling

Mid-Atlantic Behavioral Health

910 S. Chapel Street
Suite 102
Newark, DE 19713
Phone (302) 224-1400
Midatlanticbh.com

Mid-Atlantic Behavioral Health

3521 Silverside Road
Suite 2F1
Quillen Building
Wilmington, DE 19810
Phone (302) 224-1400
Midatlanticbh.com

Mid-Atlantic Behavioral Health

300 Biddle Avenue
Suite 207
Connor Building
Newark, DE 19702
Phone (302) 224-1400
Midatlanticbh.com

Norman Broudy, MD & Associates

825 Washington Street
Wilmington, DE 19801
Phone (302) 655-7110
Fax (302) 655-6185
Broudyassoc.com

University of Delaware The Psychological Services Center University of Delaware

203 W. Main Street
Newark, DE 19716
Phone (302) 831-2717
Psych.udel.edu/clinic/about-the-clinic

Sussex County

Aquila of Delaware

Aquila Georgetown

20093 Office Circle
Unit 207
Georgetown Professional Park
Georgetown, DE 19947
Phone (302) 856-9746
Aquilaofde.com

Delaware Guidance Services

31168 Learning Lane
Lewes, DE 19958
Phone (302) 645-5338
Fax (302) 644-4976
Delawareguidance.org

Delaware Guidance Services

900 Health Services Drive
Seaford, DE 19973
Phone (302) 262-3505
Fax (302) 262-3507
Delawareguidance.org

Jewish Family Services

20684 John J. Williams Highway
Suite 4
Lewes, DE 19958
Phone (302) 478-9411
Jfsdelaware.org/counseling

La Red Health Center

1 Sussex Avenue
Milford, DE 19963
Phone (302) 855-1233
Laredhealthcenter.org

People's Place

30265 Commerce Drive
Suite 201
Millsboro, DE 19966
Phone (302) 934-0300
Fax (302) 422-0701
Peoplesplace2.com/programs-services/counseling-centers

People's Place

350 Virginia Avenue
Seaford, DE 19973
Phone (302) 422-8026
Fax (302) 422-0701
Peoplesplace2.com/programs-services/counseling-centers

PENNSYLVANIA

Berks County

Springfield Psychological

2909 Windmill Road
Sinking Spring, PA 19608
Phone (610) 544-2110
Springpsych.com

Chester County

Child Guidance Resource Center

744 E. Lincoln Highway
Coatesville, PA 19320
Phone (610) 383-5635
Fax (484) 454-8706
cgrc.org

Cornerstone Therapy and Wellness

639 Swedesford Road
Malvern, PA 19355
Phone (610) 616-5935
Fax (484) 318-7166
Cornerstonetherapy.com

West Chester University Community Mental Health Services

Wayne Hall, 8th Floor
125 W. Rosedale Avenue
West Chester, PA 19383
Phone (610) 436-2510
Wcupa.edu/sciences-mathematics/psychology/psyD/mentalHealthServices

Delaware County

Child Guidance Resource Center

2000 Old West Chester Pike
Havertown, PA 19083
Phone (484) 454-8700
Fax (484) 454-8706
cgrc.org

Cornerstone Therapy and Wellness

996 Old Eagle School Road
Suite 1105
Wayne, PA 19087
Phone (610) 616-5935
Fax (484) 318-7166
Cornerstonetherapy.com

Springfield Psychological

1489 Baltimore Pike
Building 200, Suite 250
Springfield, PA 19064
Phone (610) 544-2110
Springpsych.com

Springfield Psychological

920 West Chester Pike
Havertown, PA 19083
Phone (610) 544-2110
Springpsych.com

Montgomery County

Springfield Psychological

1120 Welsh Road
Suite 120
North Wales, PA 19454
Phone (610) 544-2110
Springpsych.com

Springfield Psychological

491 Allendale Road
Suite 320
King of Prussia, PA 19406
Phone (610) 544-2110
Springpsych.com

Philadelphia County

The Psychological Services Center at Temple University

1509 Cecil B. Moore Avenue
E.C.E.C. Building
Room 420
Philadelphia, PA 19121
Phone (215) 204-7100
Sites.temple.edu/psc