We understand that you and your child have expressed interest in pursuing Insulin Pump Therapy as a tool to manage their diabetes. Insulin Pump Therapy is a lot of hard work but can provide convenience, flexibility, and accuracy in managing blood sugars. It also requires a lot of education and training to prevent complications and achieve good blood sugar control.

**Initial discussions on starting a pump can begin when you/patient has demonstrated the following:**

1. Child must have diabetes for a **minimum** of 6-12 months and is not currently in the honeymoon period.
2. Patient logs and brings complete written record to appointments that must include: blood sugars, carbohydrate intake, and insulin doses.
3. Shows a history of reasonably good A1c values consistently under 9.0%
4. Patient/family can anticipate and self manage insulin adjustments based on activity level, blood sugars, sick day guidelines and ketones.
5. Patient/family accurately knows how to count carbohydrates as shown on food/blood sugar log
6. Distributes diabetes-related responsibilities appropriately to family members, based on age and skill level
7. Patient/family knows how to manage survival skills: sick day management, ketone testing, use of the correction formula, treatment of high & low blood sugar and daily blood sugar checks.
8. Appointments with an Endocrinologist or Nurse Practitioner are scheduled and met every three-four months

**After discussing with your Endocrine provider, if you feel that you meet the above criteria, please call Cheryl at (302) 651-6173 or email diabetesnemours@nemours.org to schedule your first session.**

**The process:** When patients are presented or express an interest in an insulin pump, we can begin scheduling you for the required classes after criteria above is met. Receiving this letter or attending the Intro or second pump class is NOT a guarantee you will be approved for a pump. Throughout your pump education appointments, the pump trainer will evaluate and assess your pump readiness and knowledge of basic diabetes management to be sure pump therapy is right for you at this time. If it is felt you are not ready for pump therapy, your provider will discuss this with you and suggest postponing pump therapy at this time.

**Important – Scheduling pump sessions:** It is expected that both parents/caregivers **attend all 3 pump training sessions at the same time.** If for some reason that is not possible, please call us to discuss.

**Please note:** The pump education process from start to actually starting on a pump will take 6-8 weeks depending upon educational needs and insurance requirements. Your pump will not be ordered or receive provider approval until the completion of your second pump class. We ask you to be patient with this process.

Sincerely,
We will do our best to schedule you with the same pump trainer throughout your sessions but may occasionally have to schedule you with a different provider.

<table>
<thead>
<tr>
<th>Intro to Pumping Insulin</th>
<th>2-hour class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Second Pump Class</td>
<td>1½- to 2-hour class</td>
</tr>
<tr>
<td>Scheduled 1-2 weeks after Intro</td>
<td></td>
</tr>
<tr>
<td>Pump Start</td>
<td>2- to 3-hour class</td>
</tr>
<tr>
<td>Scheduled when pump shipped/arrives</td>
<td></td>
</tr>
<tr>
<td>Advanced Pump Class (Pump Trainer &amp; Registered Dietitian)</td>
<td>2½-hour class</td>
</tr>
<tr>
<td>Scheduled 4-6 weeks after Pump Start</td>
<td></td>
</tr>
</tbody>
</table>

What to bring to all diabetes education sessions:
1. Always bring complete records showing: carbs eaten, insulin doses given, blood sugars, and times of meals and insulin
2. Your “to-go” kit that contains all diabetes supplies
3. The child must attend if they are 5 years of age or older. Family members or care givers who are involved in the care of your child/patient should also attend.

Please also review the pumps that are available on their websites:
Animas: www.animascorp.com
MiniMed: www.minimed.com

The following schedule is specific to the yearly pump education and additional technology classes available through our diabetes center:

<table>
<thead>
<tr>
<th>Nutrition Appointments</th>
<th>Call 651-4200 for appointment with Registered Dietitian</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continuous Glucose Monitoring (CGM) or I-PRO</td>
<td>Call (302) 651-5965 to schedule or email <a href="mailto:diabetesnemours@nemours.org">diabetesnemours@nemours.org</a></td>
</tr>
</tbody>
</table>

Other technology also available:
Continuous Glucose Monitors (CGMs) websites:
Dexcom: www.dexcom.com
Medtronic: www.minimed.com or 1-800-minimed
T-Slim: www.tandemdiabetes.com